



UNIVERSITÀ  
DEGLI STUDI DI MILANO-BICOCCA

## SYLLABUS DEL CORSO

### Psychiatry I

2324-5-H4102D032-H4102D131M

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#### Aims

The aim of this course (Psychiatry I and II) is to provide the students with the basic information on principles of classification, psychopathology, diagnosis, and main treatment approaches of mental disorders.

#### Contents

A comprehensive overview on epidemiology, classification, psychopathology, diagnosis, pharmacological and non-pharmacological treatment of main mental disorders.

#### Detailed program

- Signs, symptoms, aetiology, and classification of mental disorders
- Schizophrenia spectrum-disorders and paranoid syndromes
- Depression
- Bipolar Disorders
- Anxiety disorders
- Obsessive compulsive disorders
- Personality and personality disorders
- Alcohol and substance use disorders
- Stress and stress-related disorders
- Psychological and psychosocial interventions
- Eating disorders
- Mental Health care delivery systems
- Emergencies in psychiatry

## **Prerequisites**

Neuroscience 1

## **Teaching form**

The lessons will be provided in attendance, if feasible with ongoing ministerial rules for COVID pandemic situation. Teaching will be based on frontal lessons.

## **Textbook and teaching resource**

Shorter Oxford Textbook of Psychiatry (7 edn)

Paul Harrison, Philip Cowen, Tom Burns, and Mina Fazel

Publisher: Oxford University Press Print Publication

Date: Oct 2017 Published online: Jan 2018

Print ISBN-13: 9780198747437

DOI: 10.1093/med/9780198747437.001.0001

## **Semester**

Year 5, semester I.

## **Assessment method**

Oral Assessment based on specific course contents

## **Office hours**

Appointments by email ([giuseppe.carra@unimib.it](mailto:giuseppe.carra@unimib.it))

## **Sustainable Development Goals**

GOOD HEALTH AND WELL-BEING

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