



UNIVERSITÀ  
DEGLI STUDI DI MILANO-BICOCCA

## SYLLABUS DEL CORSO

### Principi di Semeiotica Medica

2324-2-H4101D011-H4101D032M

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#### Aims

The Semeiotic Course on Simulator carried out with practical exercises with dummies-simulators is aimed at the first learning of the techniques of approach to the patient and the main semeiological maneuvers to be applied in the objective examination, in preparation for the future professional activity carried out in the following years directly on the patient. The tutoring activity involves small groups of students, with the constant presence of the teacher in order to provide the basis for the first approach to theoretical knowledge and to the practical learning of multiple medical, surgical and emergency semeiological maneuvers.

#### Contents

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#### Detailed program

MEDICAL SEMEIOTICS  
Physical examination

- Head, neck
- Heart
- Chest
- Abdomen
- Arterial wrists

Blood pressure measurement

- Clinical blood pressure measurement

Collection of anamnesis and compilation of the medical record

- Introduction to the collection of the clinical history by interviewing the patient, focused on:

- Family history
- Physiological history
- Remote pathological history
- Pathological anamnesis next

- Initial approach to the compilation of the medical record

SURGICAL SEMEIOTICS

- Preparation of the surgical field
- Method of performing local anesthesia

Physical examination

- Breast: recognition of the nature (cystic, solid, infiltrating) of breast lesions
- Lymphnodes
- Recognition of different skin lesions
- Anatomical principles of rectal exploration and its purposes

Instrumental maneuvers

- Positioning of bladder catheter in male and female
- Execution of venous and arterial sampling
- Positioning of the gastric nose tube
- Execution of the various types of skin suture: suture materials and basic instruments: positioning and removal of the stitches

## EMERGENCY TECHNIQUES

### ABC of emergency patient assessment

- Evaluation of the state of consciousness and of the main neurological syndromes in an emergency: coma, convulsive crisis, stroke
- Assessment of airway patency and spontaneous respiratory activity.
- Recognition of respiratory obstruction and respiratory arrest
- Evaluation of the presence of the peripheral pulse and recognition of cardiovascular arrest.
- Recognition of the main cardiocirculatory emergencies: ischemia, heart attack, syncope.

### Basic life support techniques using the semiautomatic defibrillator (BLS-D)

- Knowledge of the main basic rescue algorithms according to the International Guidelines.
- Positioning of the patient
- Airway management: head hyperextension maneuver
- External cardiac massage
- Safety position
- Use of the semi-automatic defibrillator

## Prerequisites

Knowledge related to the preparatory courses indicated in the degree course regulations

## Teaching form

Frontal lessons and practical lessons (subject to any ministerial changes following the COVID pandemic situation)

## Textbook and teaching resource

Slides

## **Semester**

2nd semester

## **Assessment method**

Oral exam and practical test  
(modifiable based on the current limitations related to the COVID emergency)

## **Office hours**

On appointment

## **Sustainable Development Goals**

GOOD HEALTH AND WELL-BEING

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