UNIVERSITÀ
DEGLI STUDI DI MILANO-BICOCCA

COURSE SYLLABUS

Arteral Hypertension: From Essential To Secondary One

2324-5-H4101D363

Aims

Aims of the course is to discuss all the aspect of hypertension starting from essential form till resistant and secondary form passing through hypertensive emergency and urgency.

Contents

- Essential Hypertension
- Resistant hypertension
- Secondary hypertension
- Hypertensive emergency and urgency.

Detailed program

- Essential Hypertension: physiopatology, diagnostic criteria, therapy.
- Resistant hypertension: definition, diagnosys, pharmacological and non-pharmacological therapies.
- Secondary hypertension: hyperaldosteronism and pheocromocytoma, diagnosys and therapies.
- Hypertensive emergency and urgency: definition, epidemiology, specific pharmacological therapies.

Prerequisites

To have followed the primary and secondary hypertension lessons at the third year (PMC1).

Teaching form

On-site lessons with attendance of the hypertension outpatients unit of the Niguarda Hospital.

Textbook and teaching resource

ESH/ESC guidelines on arterial hypertension (2018).

Semester

second semester.

Assessment method

interactive discussion during the lessons.

Office hours

e-mail contact.

Sustainable Development Goals

GOOD HEALTH AND WELL-BEING