

# UNIVERSITÀ DEGLI STUDI DI MILANO-BICOCCA

### SYLLABUS DEL CORSO

# Ipertensione Arteriosa: dalla Essenziale alla Secondaria

2324-5-H4101D363

#### **Aims**

Aims of the course is to discuss all the aspect of hypertension starting from essential form till resistant and secondary form passing through hypertensive emergency and urgency.

#### **Contents**

- Essential Hypertension
- · Resistant hypertension
- Secondary hypertension
- · Hypertensive emergency and urgency.

#### **Detailed program**

- Essential Hypertension: physiopatology, diagnostic criteria, therapy.
- Resistant hypertension: definition, diagnosys, pharmacological and non-pharmacological therapies.
- Secondary hypertension: hyperaldosteronism and pheocromocytoma, diagnosys and therapies.
- Hypertensive emergency and urgency: definition, epidemiology, specific pharmacological therapies.

#### **Prerequisites**

To have followed the primary and secondary hypertension lessons at the third year (PMC1).

Teaching form
On-site lessons with attendance of the hypertension outpatients unit of the Niguarda Hospital.

Textbook and teaching resource

ESH/ESC guidelines on arterial hypertension (2018).

#### Semester

second semester.

#### **Assessment method**

interactive discussion during the lessons.

#### Office hours

e-mail contact.

## **Sustainable Development Goals**

GOOD HEALTH AND WELL-BEING