



UNIVERSITÀ
DEGLI STUDI DI MILANO-BICOCCA

COURSE SYLLABUS

Clerkship in Endocrinology and Metabolic Disease at The Policlinico di Monza

2324-4-H4101D356

Aims

Students see and visit the outpatients service of Endocrinology and Metabolic Diseases to build awareness about the most frequent diseases, diagnostic procedures, clinical protocols, and therapeutic procedures

Contents

Outpatients service to learn how to handle patients with diabetes and related complications, thyroid diseases with imaging and cytopathology, obesity, body composition, whole body energy metabolism, clinical nutrition and bariatric surgery, dyslipidemia and cardiovascular risk

Detailed program

Diabetes

First and follow-up visits

Type 1 diabetes and technologies (glucose sensory and insulin pumps)

Diabetic foot within a multidisciplinary path

Diabetes and CVD risk with emphasis on heart failure within a multidisciplinary path

NAFLD/NASH (fibrosis, screening with transient elastography) within a multidisciplinary path

Diabetes and pregnancy (counselling and handling of pre-gravidic diabetes and gestational diabetes, within multidisciplinary paths)

Dyslipidemias and cardiovascular disease

Educational therapy (self-monitoring blood glucose, injection therapies)

Medical nutritional therapy

Psychology/education

Podiatry

Endocrinology – thyroid disease

First and follow-up visits

Path to surgery

Basedow

Hypo and Hyperthyroidism in pregnancy

Thyroid echography

Fine needle cytopathology

Ophthalmometry

Obesity

First and follow-up visit

Clinical nutrition (for malnutrition)

Bariatric path

Endo Dieto Psycho visits

Indirect calorimetry and body composition

Osteoporosis

First and follow-up visits

Mineralometry

Prerequisites

Attended Endocrinology (PMC2) 3-year

Teaching form

Attending outpatient service subject to any ministerial changes following the COVID pandemic situation

Textbook and teaching resource

On demand

Semester

On demand

Assessment method

checking the presence

Office hours

by mail

Internato volontario Endocrinologia e Malattie Metaboliche al Policlinico di Monza

L'Unità Operativa di Medicina Metabolica, centro specialistico e interdisciplinare, afferisce al Dipartimento di Medicina e Riabilitazione del Policlinico di Monza e la sua Missione è occuparsi con una visione globale della prevenzione, cura e della gestione delle complicanze delle Malattie Endocrino-Metaboliche. La Medicina Metabolica svolge la sua attività al PdM dal 2012 (il Polietico, Febbraio 2012, Anno 9 - N 24).

Sedi cliniche

Sede Centrale via Modigliani 10, Monza

Sede Distaccata via Petrarca 51, Verano Brianza

**Staff Medico

Endocrinologia e Diabetologica

Prof Gianluca Perseghin

Dott.ssa Silvia Perra

Dott.ssa Francesca Zerbini

Dott.ssa Eleonora Bianconi

Dott Emanuele Muraca

Dott Stefano Ciardullo

Dott.ssa Laura Rossi

Dott.ssa Rosa Cannistraci

Dietologia

Dott.ssa Alice Oltolini

Dott.ssa Alessia Bongo (dietista)

Psicologia

Dott.ssa Simonetta Sarro

ORL

Dott Alessandro Garbellini

Chirurgia Bariatrica

Pietro Pizzi

Mattia Pizzi

Podologia

Jacopo Barni

Ambulatorio Educazione Terapeutica

Inf Paola Parmeggiani

Inf Barbara Biffi

Data Manager

Guido Lattuada

Coordinatrice Amministrativa

Monica Cambiaghi

Contatti

Prof Gianluca Perseghin: gianluca.perseghin@unimib.it

Segreteria: Dott.ssa Anna Maria Costa: medicina.metabolica@policlinicodimonza.it

Sustainable Development Goals

GOOD HEALTH AND WELL-BEING
