UNIVERSITÀ
DEGLI STUDI DI MILANO-BICOCCA

COURSE SYLLABUS

Methods for Multicultural Assessment

2324-3-E2401P112

Learning area

2: Knowledge and skills useful to understand and change the relations among individuals and the psychosocial processes underlying groups, organizations and social systems

Learning objectives

Knowledge and understanding

General themes and basics of transcultural/ ethnopsychiatric approach.
The migration phenomenon of migration and psychological vulnerability/trauma.
Specificity of psychological assessment in multicultural contexts.
Methodologies and techniques for psychodiagnostic assessment and treatment phase.

Applying knowledge and understanding

Developing of “cultural sensitivity”.
Ability to recognize and evaluate the cultural dimension in a clinical case and in the planning of a psychological intervention.

Contents

Theory and clinical practice of multicultural evaluation and care in the perspective of the transcultural/ethnopsychiatric psychological approach.

Detailed program

From Jung, the collective unconscious and individuation to Devereux, complementarity, decentralization, transculturality/ethnopsychoanalysis as clinical knowledge and as cultural practice.
The construction of culturally sensitive dialogue with people from non-Western cultural backgrounds, the cultural ego, the unconscious not removed.
Listening to the mental suffering of migrants, the setting with variable geometries.
Psychological disorders in adolescents of the first and second generation.
Traumatic and microtraumatic factors as risk factors for mental distress.
Adaptation, acculturation, hybridization, biculturalism.
Treatments and care devices.

Prerequisites

No one in particular. A basic knowledge of the tests can facilitate the learning of the proposed contents but is not required.

Teaching methods

The presentation of relevant content will be accompanied by participatory sharing, dialogue and guided exercises, the viewing of videos and experiential contributions
Most of the slides used in class will be available on the e-learning site.

Assessment methods

Final written report with open questions aimed at verifying the knowledge and understanding of the main theoretical and clinical aspects covered in the course.

Please note that mandatory attendance is required for at least 75% of classes.

Textbooks and Reading Materials

Castiglioni, Del Rio, Servida, Terranova-Cecchini G.(2018), Culture che curano, Borla Editore
Ranchetti (2015), Il percorso identitario degli adolescenti di origine straniera, Franco Angeli

- Detailed information about other teaching material will be available on the e-learning page associated with the course.*

Sustainable Development Goals