UNIVERSITÀ
DEGLI STUDI DI MILANO-BICOCCA

COURSE SYLLABUS

General Psychology I - 2

2324-1-E2401P001-T2

Learning area

Knowledge and skills useful to understand, promote and change individual psychological functioning

Learning objectives

Knowledge and understanding

- The experimental approach to psychology: methods and theory
- Main themes and most relevant theories in the study of individual behavioural and cognitive functioning.

Applying knowledge and understanding

- Ability to understand the technical language and the research results in psychology
- Ability to identify the psychological processes involved in individual behaviour in everyday life
- Ability to recognize the non-pathological cognitive functioning

Contents

The course introduces students to the most relevant theories and theoretical approaches in the study of general psychology, analyzing in detail some cognitive processes. The intent is to clarify the subjects of interest of general psychology and how general psychology studies the processes and phenomena of interest.

Detailed program

- Experimental approach used by general psychology with particular emphasis on methodological and theoretical aspects.
- Sensory systems
- Problems, methods of investigation and relevant theories of specific cognitive processes:

· Perception

· Attention

· Memory

· Emotions

· Motivation

Prerequisites

Receptive and productive language skills
Analytical abilities in understanding and reasoning
The capacity of synthesis and content processing

Teaching methods

The course themes will be presented in frontal lessons and video in which every-day examples will be given to stimulate the students' critical thinking and discussion.
Halfway through the course one lesson will be dedicated to Q&A on the themes presented in the first half of the course. The last lesson, as well as consisting of Q&A on the second part of the program, will include the presentation of some example of exam questions and answers as further exercise and practice.

Assessment methods

The exam is written with oral interview upon request. The written exam includes 30 multiple choice questions and 3 open ended questions on all the course topics. The written exam is delivered via computer and it takes place at the IT labs. Multiple choice questions provide extensive evaluation of knowledge acquisition; open ended questions evaluate students’ critical thinking and their ability to synthetize such knowledge. Both the multiple choice and the open ended questitions contribute equally to the final mark.
Evaluation criteria are as follows: response accuracy for multiple choice questions, adequacy of contents, formal organization and terminology for the answers to open ended questions.

For turn B there will be two moments (one at halfway and one at the end of the course) of self-testing and further explanations on the course topics. In addition, at the end of the course students will have the possibility to test the

multiple choice part of the exam and responses to some open questions will be presented and discussed.

Students who pass the written part can ask to take an oral interview on all the course topics in which their written examination mark can be increased, decreased or be confirmed.

Textbooks and Reading Materials

TURN B: Ciccarelli, S.K. & White, J.N. (2022). Psicologia generale. Edizione italiana a cura di P. Ricciardelli e C. Iani. Milano: Pearson (capters: 0, 1, 2, 3, 4, 7, 12, Appendix B). Electronic version can be bought on: **pearson.it/shop** codice ISBN: **9788891915740**

Students non-fluent in Italian are required to contact the professor for advice on English textbooks.

Erasmus students can contact the lecturer to ask for an English text book or a reading list to prepare for the exam and/or to arrange to take the exam in English.

Sustainable Development Goals

QUALITY EDUCATION