



UNIVERSITÀ  
DEGLI STUDI DI MILANO-BICOCCA

## SYLLABUS DEL CORSO

### Approccio Riabilitativo in Oncologia

2324-3-I0201D149-I0201D234M

---

#### Aims

Acquire knowledge related to oncological pathologies in the rehabilitation field

- Acquire skills in the management of rehabilitation of the person affected by oncological pathology

#### Contents

- Epidemiological context of cancer, types and cancer therapies
- Taking charge of the person affected by oncological pathology: a multidisciplinary approach
- Rehabilitation intervention in oncology: The role of the physiotherapist

#### Detailed program

- Epidemiology of cancer
- Cancer therapies and side effects
- Types of cancer
- Multidisciplinary care of the person with cancer
- Rehabilitation pathways in the disability of people with cancer (Focus in particular on - Rehabilitation in breast

cancer, - Rehabilitation of cancer patients with osteoporosis, - Rehabilitation of cancer patients with fatigue)

-Clinical and rehabilitative management of pain in cancer patients

-Palliative care and rehabilitation in the terminal phase of the disease

-Evaluation scales and indicators in the rehabilitation of cancer patients

-Lifestyle and psychological aspects in the person with cancer

## **Prerequisites**

## **Teaching form**

Lessons in attendance, clinical case discussion, small group work.

## **Textbook and teaching resource**

-Schieroni M.P., "La riabilitazione in oncologia. La presa in carico multidisciplinare e i percorsi riabilitativi diagnostico-terapeutici dei pazienti affetti da tumore", Ivrea (TO), Edizioni medico-scientifiche s.r.l, 2017

## **Semester**

## **Assessment method**

Described in the subject's syllabus

## **Office hours**

by appointment

## **Sustainable Development Goals**

GOOD HEALTH AND WELL-BEING

---