



UNIVERSITÀ  
DEGLI STUDI DI MILANO-BICOCCA

## SYLLABUS DEL CORSO

### Approccio Riabilitativo nelle Lesioni del Sistema Nervoso

2324-2-I0201D136-I0201D203M

---

#### Aims

offer elements of neurophysiology and clinical data to favor a first correct approach to the observation and evaluation of the patient with focal damage to the nervous system

#### Contents

After completing this course the student will be able to assess the person with disabilities derived from lesion of the nervous system and be able to perform evaluation tests and techniques for functional recovery that are consistent with the rehabilitation of the person. Moreover the recent available technologies will be presented. The course aims at developing the students' understanding of the approach to treatment of the person affected by neural lesion and the use of assistive devices and prostheses for injuries to the nervous system. The course aims to thoroughly prepare the student to address the neuromotor physiotherapy treatment of these syndromes in terms of technical/professional and relational skills, using all the instruments for an objective assessment, in order to integrate the various therapeutic approaches in the field of physical therapy in congenital or acquired neural lesions, with particular reference to the EBP and clinical settings, care and the needs of the person (ICF).

#### Detailed program

**Hemiplegia** and rehabilitation :

- **Clinical**: classification of stroke according to localization of focal damage (syndromic-topographic-pathological), affected hemisphere. Information on the purpose of the neurological and neurocognitive semiotic investigation (cranial nerves, sensitivity, higher cortical functions).

- **Concept of Spasticity** in relation to the **Upper Motor Neuron Syndrome**. Vision abnormal movement patterns "primitive mass synergies" of hyper tonicity .. "associated reactions and movements".

- **Plasticity of the CNS following injury**: Intrinsic and extrinsic spontaneous recovery, compensation, neuronal reorganization inducible through targeted therapeutic exercise

- **Evolution possible over time and in somatic distribution of the "tone"** from the acute phase to the "outcomes (normo, hyper, hypo, dys - tonia )

**Postural control** : Multifactorial informational integration and representations of the Postural Body Schema. Posture control and systems involved. Tasks of postural control Anticipatory Postural Adjustments (feedback and feedforward)

- **Characteristics and problems of gait in stroke outcomes**: clinical observation of possible dyssynergies of dynamic events, of the main signs, hypotheses of muscle control dysfunctions prevalent in the main gait phases.

- **The Rehabilitation Assistance Planning**, criteria for taking charge from the acute phase to returning home with particular attention to the purposes and necessary moments of evaluation by the individual members of the reference team.

- **Global assessment of the hemiplegic subject**

Answers to functional evaluation questions: what can you do? How does it do it? Why so?

Contents for: medical history, choice of rating scales, physical examination, postural observation,

## **Measurement Scales**

Of the Impairment

- Structural parameters (neurological scales): *European Stroke Scale, Banford*

- Functional parameters (of motor damage): *Motor Assessment Scale, Motricity Index*

- Degree of Spasticity : *Ashworth*

- Upper limb : *Wolf Motor Function Test*

Trunk Control : *Sitting Balance Score ,(Trunk Control Test)*

- Standing station : *Standing balance by Bohannon*

- Gait : *Gait Assessment Rating Scale, Time Walking Test*

Disability Measures : *Modified Bartel Index*

## **Rehabilitation Approach**

- Therapeutic exercise: choice of task to evoke certain skills. adaptation of the task proportional to potential

- Facilitation, inhibition of functional activity according to the Bobath concept, obtaining central stability - *balance* skills to orient distal segments.

## **Prerequisites**

Preliminary knowledge: concepts of biomechanics, anatomical-physiology of the components responsible for postures, gestures, walking, the specific professional of the physiotherapist in the rehabilitation team, observational skills, some notions of neurological semiology.

## **Teaching form**

Classes

Films and group discussion of clinical cases

## **Textbook and teaching resource**

handsout

## **Semester**

1st semester

## **Assessment method**

Multiple choice and open questions

## **Office hours**

By appointment

## **Sustainable Development Goals**

GOOD HEALTH AND WELL-BEING

---