

COURSE SYLLABUS

Muscle-Tendon Injuries in Sport

2324-2-I0201D152

Aims

To learn Muscle-tendon injuries in athletes

Contents

- Muscle contraction and Cramp
- Epidemiology in muscle injuries
- Etiopathogenesis
- Classification
- Diagnosis
- Muscle injuries course
- Therapeutic intervention in return to sport and return to game
- Complications

Detailed program

- Epidemiology of Tendinopathy
- Etiopathogenesis and classification
- Biochemistry and histology in Tendinopathy
- Diagnosis and assessment
- Course of Tendinopathy
- Therapeutic intervention in return to sport and return to play
- Complications

Prerequisites**Teaching form**

Classes, active learning methods, guided discussions.

Textbook and teaching resource

handouts

Semester

annual

Assessment method

attendance

Office hours

by appointment

Sustainable Development Goals

GOOD HEALTH AND WELL-BEING
