



UNIVERSITÀ  
DEGLI STUDI DI MILANO-BICOCCA

## SYLLABUS DEL CORSO

### Laboratori Professionalizzanti 1

2324-2-I0202D111

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#### Aims

The Seminar will help students to know the infant massage as a means of communication, relationship and contact between the mother and her child. Students try to find wellness and relaxation, during a pairwork, through massage (shoulders, back and head) made by each partner.

#### Contents

INFANT MASSAGE: Basic information of infant massage. Infant massage as a means of mother-children communication. Infant massage as a means of mother-children relationship. Infant massage as a means of mother-children contact.

#### Detailed program

INFANT MASSAGE

- ? Basic information of infant massage
- ? The communication mother-children
- ? Infant massage as a means of communication mother-children
- ? The relationship mother-children
- ? Infant massage as a means of relationship mother-children

? Infant massage as a means of contact mother-children

## **Prerequisites**

none

## **Teaching form**

Lectures and practice exercises

## **Textbook and teaching resource**

1. Leboyer, Spantala,ed. Bompiani
2. Auckett,Massaggio per i vostri bambini,ed. RED
3. Vimala McClure, Il massaggio del bambino,Manuale per insegnanti
4. Atti del convegno "20 anni di AIMI".

## **Semester**

First Semester

## **Assessment method**

Attendance

## **Office hours**

You receive by appointment

## **Sustainable Development Goals**

GOOD HEALTH AND WELL-BEING

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