



UNIVERSITÀ  
DEGLI STUDI DI MILANO-BICOCCA

## SYLLABUS DEL CORSO

### Laboratori Professionalizzanti 2

2324-2-I0202D112

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#### Aims

Theoretical introduction to functions, neuro-psychomotor development and Introduction to origin, principles and setting of SAM's Method.

#### Contents

SAM'S METHOD: Introduction: origin, principles and setting of SAM's Method. Exercises and experience of exercises in a small group of students.

#### Detailed program

SAM' S METHOD

Introduction: origin, principles and setting for SAM's Method.

Personal space-related exercises: practical demonstration.

Extraperpersonal space-related exercises: practical demonstration.

Experience of exercises in small groups of students

## **Prerequisites**

Objectives of the first year courses

## **Teaching form**

Tutorials

## **Textbook and teaching resource**

1. Il metodo SAM. a cura di: Annalisa Risoli. Edizione: 2013. Collana: CAROCCI FABER
2. Le professioni sanitarie (66). ISBN: 9788874666829. Pagine 288

## **Semester**

Second Semester

## **Assessment method**

Attendance

## **Office hours**

You receive by appointment

## **Sustainable Development Goals**

GOOD HEALTH AND WELL-BEING

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