



UNIVERSITÀ  
DEGLI STUDI DI MILANO-BICOCCA

## SYLLABUS DEL CORSO

### Cinesiologia Applicata

2324-1-I0202D140-I0202D105M

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#### Aims

By the end of the course, students should have acquired the knowledge of kinesiology aimed to muscular evaluation

#### Contents

APPLIED KINESIOLOGY TO MUSCULAR TEST: Muscle and joint examination

#### Detailed program

APPLIED KINESIOLOGY TO MUSCULAR TEST

? Muscle and joint examination

#### Prerequisites

Objectives of the course Bases of Movement. Objectives of the course Kinesiology

## **Teaching form**

Lectures

During the Covid-19 emergency period, lessons will take place remotely asynchronously or videoconference with some events in synchronously and some in physical presence.

## **Textbook and teaching resource**

1. Kendall, I Muscoli, Verducci Ed, 2000.
2. Clarkson, Valutazione cinesiologica, Edi Ermes, 2002.
3. Daniels, Worthingham, Verducci Ed., 1998

## **Semester**

Second semester

## **Assessment method**

Written exam: quizzes with single / multiple choice and open questions with brief answer.

Final oral exam at the discretion of the teacher or on the student's proposal regarding the project

During the Covid-19 emergency period the exam will take place electronically with proctoring control.

## **Office hours**

By appointment

## **Sustainable Development Goals**

GOOD HEALTH AND WELL-BEING

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