

# UNIVERSITÀ DEGLI STUDI DI MILANO-BICOCCA

# **SYLLABUS DEL CORSO**

# Cinesiologia Applicata al Test Muscolare

2324-1-I0202D140-I0202D106M

### **Aims**

By the and of the course, students should have acquired the knowledge of kinesiology, and knowledge of the principles of rehabilitation

#### **Contents**

APPLIED KINESIOLOGY TO MUSCULAR TEST: Muscle and joint examination

## **Detailed program**

APPLIED KINESIOLOGY TO MUSCULAR TEST

? Muscle and joint examination

# **Prerequisites**

Objectives of the course Bases of Movement. Objectives of the course Kinesiology

# **Teaching form**

Lectures

During the Covid-19 emergency period, lessons will take place remotely asynchronously or videoconference with some events in synchronously and some in physical presence.

# Textbook and teaching resource

- 1. Kendall, I Muscoli, Verducci Ed, 2000.
- 2. ClarKson, Valutazione cinesiologica, Edi Ermes, 2002.
- 3. Daniels, Worthingham, Verducci Ed., 1998

#### Semester

Second semester

### **Assessment method**

Written exam: quizzes with single / multiple choice and open questions with brief answer.

Final oral exam at the discretion of the teacher or on the student's proposal regarding the project

During the Covid-19 emergency period the exam will take place electronically with proctoring control.

#### Office hours

By appointment

### **Sustainable Development Goals**

GOOD HEALTH AND WELL-BEING