



UNIVERSITÀ  
DEGLI STUDI DI MILANO-BICOCCA

## COURSE SYLLABUS

### Terzi Method in Rehabilitation

2324-2-I0202D147

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#### Aims

Knowledge of a cognitive motor methodology to evaluate, identify and rehabilitate the spatio-temporal deficit characterizing various Neuro-developmental Disorders of interest in the TNPEE

#### Contents

Theoretical bases of the Method and correlations with neurosciences. Experiential experiences of the Terzi Method  
Basic exercises.  
Application to the clinic in developmental age

#### Detailed program

Theoretical lesson: Introduction to the Method  
Practical laboratory and role play:  
The spatio-temporal organization of the personal space:  
- Rhythm exercises:  
One channel rhythms  
The two-channel rhythms  
- Attitudes  
- the Touches  
The spatio-temporal organization of the Euclidean metric space:  
- the rectilinear translations  
- the Rotations  
Curvilinear translations

Discussion with the expert: Reflections on lived experiences.

Theoretical lesson: - The theoretical basis of the Method

- Application areas in TNPEE

Video presentation: Application of the Method in a PCI case

## **Prerequisites**

To be enrolled in the TNPEE CdL

## **Teaching form**

Frontal lessons, role play, discussion with the expert, presentation of clinical cases

## **Textbook and teaching resource**

Ida Terzi - "Il Metodo Spazio-temporale. Basi teoriche e guida agli esercizi"

Ghedini Editore

## **Semester**

Second semester

## **Assessment method**

Final discussion

## **Office hours**

By appointment

## **Sustainable Development Goals**

GOOD HEALTH AND WELL-BEING

