



UNIVERSITÀ  
DEGLI STUDI DI MILANO-BICOCCA

## SYLLABUS DEL CORSO

### L'Assistenza Infermieristica in Ambito Penitenziario

2324-2-I0101D122

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#### Aims

The aim is to enable students to approach health management in a detained person in prison and in Protected Medicine facilities.

In particular, the focus will be on:

- Reflecting on health and frailty in the prison setting
- Getting to know the reality of care in the prison environment by understanding some organisational models present in the Lombardy region today.
- Reflect on possible conflicts of values that may arise in the care of the detained person.
- Reflect on the importance of collaboration between the health team (nurse, doctor, etc.) and the security team (prison police) in order to carry out synergic actions to guarantee the health status of the detained person.
- Get to know some peculiar care situations that characterise the life of the detained person (e.g. hunger strike, solitary confinement, etc.).

#### Contents

Approach to health management in a detained person in prison and in Protected Medicine facilities.

## Detailed program

### *Morning*

Introduction and opening remarks

Health and frailty in the prison environment: what problems, what approach to care and what perspectives in the Italian reality

Debate and discussion

### *Afternoon*

Nursing care in the penitentiary environment: what are the care needs, the role and responsibilities of the nurse, organisational ideas

Debate and discussion

Closing of the session

## Prerequisites

Defined by teaching regulations

## Teaching form

- Frontal lesson
- Meeting with experts
- Guided discussion

## Textbook and teaching resource

Teaching materials provided by teachers, Italian regulations

## Semester

second semester

## Assessment method

frequency

## Office hours

Request by appointment

**Sustainable Development Goals**

GOOD HEALTH AND WELL-BEING | QUALITY EDUCATION | PEACE, JUSTICE AND STRONG INSTITUTIONS

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