

# UNIVERSITÀ DEGLI STUDI DI MILANO-BICOCCA

## **COURSE SYLLABUS**

## **Integrated Care Pathway for The Person With Derivative Ostomy**

2324-2-I0101D920

#### **Aims**

- Know the phases of the interdisciplinary therapeutic education project for the assisted person and his/her family members, guaranteeing continuity of care
- · Care of the stoma and around the stoma
- · Recognize and manage early and late complications

#### **Contents**

Describe the skills of the nurse in assisting people with ostomy (colostomy and ileostomy)

### **Detailed program**

Classification and causes of stoma packing

- The areas of expertise of the stoma care nurse
- Characteristics and management of an ostomy:
- o care of the stoma and peristomal area
- o choice of suitable aids
- o Prevention of early and late complications
- · Ostomy patient: education before and after surgery, discharge and outpatient/home management
- Experiences and perceptions of people with an ostomy

## **Prerequisites**

Enrollment in the second and third year of the Degree Course in Nursing

## **Teaching form**

Frontal lesson Plenary discussion Practical demonstration

## Textbook and teaching resource

Cheever J.L e L.H (2017) Brunner-Suddarth. Infermieristica medico-chirurgica. Quinta edizione. Bologna: Casa Editrice Ambrosiana.

Saracco C. (2021) Arte e scienza dell'assistenza infermieristica in stomaterapia. Curare, prendersi cura, educare. AIOSS

Rastelli G., Saracco C. (2016) Atlante stomie e complicanze. Editpress

#### Semester

#### **Assessment method**

#### Office hours

#### **Sustainable Development Goals**

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