



UNIVERSITÀ  
DEGLI STUDI DI MILANO-BICOCCA

## SYLLABUS DEL CORSO

### Percorso Integrato di Cura per la Persona con Stomia Derivativa

2324-2-I0101D920

---

#### Aims

- Know the phases of the interdisciplinary therapeutic education project for the assisted person and his/her family members, guaranteeing continuity of care
- Care of the stoma and around the stoma
- Recognize and manage early and late complications

#### Contents

Describe the skills of the nurse in assisting people with ostomy (colostomy and ileostomy)

#### Detailed program

Classification and causes of stoma packing

- The areas of expertise of the stoma care nurse
- Characteristics and management of an ostomy:
  - o care of the stoma and peristomal area
  - o choice of suitable aids
  - o Prevention of early and late complications
- Ostomy patient: education before and after surgery, discharge and outpatient/home management
- Experiences and perceptions of people with an ostomy

## **Prerequisites**

Enrollment in the second and third year of the Degree Course in Nursing

## **Teaching form**

Frontal lesson  
Plenary discussion  
Practical demonstration

## **Textbook and teaching resource**

Cheever J.L e L.H (2017) Brunner-Suddarth. Infermieristica medico-chirurgica. Quinta edizione. Bologna: Casa Editrice Ambrosiana.  
Saracco C. (2021) Arte e scienza dell'assistenza infermieristica in stomaterapia. Curare, prendersi cura, educare. AIOSS  
Rastelli G., Saracco C. (2016) Atlante stomie e complicanze. Editpress

## **Semester**

## **Assessment method**

## **Office hours**

## **Sustainable Development Goals**

GOOD HEALTH AND WELL-BEING | QUALITY EDUCATION | GENDER EQUALITY

---