



UNIVERSITÀ  
DEGLI STUDI DI MILANO-BICOCCA

## SYLLABUS DEL CORSO

### Discipline Odontostomatologiche

2324-3-I0301D014

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#### Aims

The student needs to know how to choose a patient before perform the whitening.

He or She has to evaluate which protocol carry out during whitening session.

The student needs to learn how to handle a patient depending on the problems that he/she shows

#### Contents

Introduction of whitening and conservatives techniques of dental tissues

Dischromies removal associated with preservation of dental tissues

Whitening techniques aimed at recovering of dental surfaces after therapeutical treatments. The chemical whitening. Indications and contraindications relating to the techniques of home-based and professional whitening

Laser Assisted teeth whitening

Recovering of dental surfaces after teeth whitening

Dental hypersensitivity due to therapeutical treatments of dental tissues

#### Detailed program

History-Decolorations-Pigments-Types of bleachment and types of materials. Selection of patients. Informed consent. Light and colour. Whitening process. Photographic documentation

## **Prerequisites**

Aims of previous courses

## **Teaching form**

frontal lessons in presence or distance

## **Textbook and teaching resource**

Esther m.Wilkins"Sbiancamento Dentale"

Laser a Diodi in odontoiatria – Stefano Benedicenti, Michele Barone, Rolando Crippa

Manuale Operativo studenti di igiene dentale, seconda edizione; Ariesdue

## **Semester**

1 semester

## **Assessment method**

oral exam with teacher committe

## **Office hours**

dalle 11 alle 13 e dalle 14 alle 16

## **Sustainable Development Goals**

GOOD HEALTH AND WELL-BEING

