



UNIVERSITÀ
DEGLI STUDI DI MILANO-BICOCCA

SYLLABUS DEL CORSO

Protocolli di Igiene Orale per Pazienti con Particolari Necessità

2324-2-I0301D031-I0301D038M

Aims

The aim of the course:

- a) is to provide notions of nutrition and their relationship with oral health
- b) illustrate the main supplements and their relationship with oral health

Contents

Detailed program

In particular, the aims of the course are:

- a) to acquire fundamental knowledge of the nutritional functions of carbohydrates, proteins, lipids, vitamins, and minerals and their relationship with oral health and;
- b) to provide the basic notions on the characteristics of particular foods (fermented drinks, coffee), the main nutraceuticals, and functional and enriched foods;
- c) to illustrate the practical implications between diet and oral health.

Prerequisites

The student having passed the biochemistry exam

Teaching form

Frontal lessons

Textbook and teaching resource

Chirigozzi E e, Colombo D., Magni F., Marin O., Palestini P Tugnoli V Elementi di Chimica e Biochimica Ed Edises
Carla Pignatti Biochimica della nutrizione Ed Esculapio
Panzeri MC , Baldoni M. Manuale operativo per igienisti dentali Ed Ariesdue

Semester

I semester, 2 year

Assessment method

15 quintuple multiple-choice questions with one correct answer.

Office hours

On appointment

Sustainable Development Goals

GOOD HEALTH AND WELL-BEING
