



UNIVERSITÀ  
DEGLI STUDI DI MILANO-BICOCCA

## SYLLABUS DEL CORSO

### Protocolli di Igiene Orale per Pazienti con Particolari Necessità

2324-2-I0301D031-I0301D038M

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#### Aims

The aim of the course:

- a) is to provide notions of nutrition and their relationship with oral health
- b) illustrate the main supplements and their relationship with oral health

#### Contents

##### Detailed program

In particular, the aims of the course are:

- a) to acquire fundamental knowledge of the nutritional functions of carbohydrates, proteins, lipids, vitamins, and minerals and their relationship with oral health and;
- b) to provide the basic notions on the characteristics of particular foods (fermented drinks, coffee), the main nutraceuticals, and functional and enriched foods;
- c) to illustrate the practical implications between diet and oral health.

#### Prerequisites

The student having passed the biochemistry exam

## **Teaching form**

Frontal lessons

## **Textbook and teaching resource**

Chirigozzi E e, Colombo D., Magni F., Marin O., Palestini P Tugnoli V Elementi di Chimica e Biochimica Ed Edises  
Carla Pignatti Biochimica della nutrizione Ed Esculapio  
Panzeri MC , Baldoni M. Manuale operativo per igienisti dentali Ed Ariesdue

## **Semester**

I semester, 2 year

## **Assessment method**

15 quintuple multiple-choice questions with one correct answer.

## **Office hours**

On appointment

## **Sustainable Development Goals**

GOOD HEALTH AND WELL-BEING

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