



UNIVERSITÀ  
DEGLI STUDI DI MILANO-BICOCCA

## COURSE SYLLABUS

### Emotional and Sexual Education

2324-2-I0102D128

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#### Aims

The goal of emotional and sexual education is to increase the student knowledge about the emotional development and sexual behavior. The primary aim of the course is to increase the attitude about sexual matters and to stimulate an active role on the decision making process on sexual choice. Also will be improved the communication and other personal skills aimed to increase the level of comfort to discuss of sexual education

#### Contents

At the end of the course the students will know the factors affected the emotional and sexual development. The course will be focused on the importance of female gender health.

#### Detailed program

- 1.The concept of affectivity and sexuality
- 2.What is the emotional and social intelligence?
- 3.The emotional factors affecting the sexual behavior
- 4.Emotional and physiological factors affecting fertility
- 5.The communication skills in the the sexual education

## **Prerequisites**

none

## **Teaching form**

Lectures, discussion and exercises

## **Textbook and teaching resource**

Dario lanes, Educare all'affettività, Erickson 2007

## **Semester**

1-2 semester

## **Assessment method**

attendance

## **Office hours**

On appointment

## **Sustainable Development Goals**

GOOD HEALTH AND WELL-BEING | GENDER EQUALITY

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