



UNIVERSITÀ
DEGLI STUDI DI MILANO-BICOCCA

COURSE SYLLABUS

Normal Childbirth

2324-2-I0102D010

Aims

At the end of the course the student:

- will understand the physiology of the pregnancy, of the post natal period and of the breastfeeding
- will be able to plan an evidence based midwifery care to the mother with normal pregnancy/birth and to her newborn
- will understand the changes associated to the normal pregnancy and birth and will be able to verify the maternal and fetal well-being during labour
- will be able to describe the physiological changes during the postnatal period and during breastfeeding according to the UNICEF's "Baby Friendly Initiative in University" and will be able to recognise the characteristics and physiology of the healthy newborn.

Contents

The course provides the students the essential elements to understand the physiology of the pregnancy, of the birth and of the post-natal period and provides the elements to plan an evidence based midwifery care. The course provides to the students the essential elements to understand the physiology about the Neonatal adaptation after birth.

Detailed program

The extended programme can be found in the Syllabus of the individual modules that make up the course.

Prerequisites

Students will receive a detailed bibliography before lessons start. They will have to study the material in order to be evaluated on the required basic skills.

Teaching form

Lectures, practice exercises and group work.

Textbook and teaching resource

The bibliography can be consulted in the Syllabus of the individual modules that make up the course, and the teaching materials (slides, articles, work tracks, scientific papers) will be uploaded on the e-learning page dedicated to the individual modules.

Semester

I semester

Assessment method

The detailed method of profit assessment and evaluation can be found in the Syllabus of the individual modules that make up the course.

Office hours

On appointment

Sustainable Development Goals

GOOD HEALTH AND WELL-BEING
