



UNIVERSITÀ
DEGLI STUDI DI MILANO-BICOCCA

SYLLABUS DEL CORSO

Psicologia Clinica - 1

2324-1-I0102D007-I0102D023M-T1

Aims

Knowing how to describe the concept of "difficult patient" in terms of the narrative of the patient;

Knowing how to recognize and describe the features of different attachment styles and the implications for the relationship with the patient;

Knowing how to recognize and describe interpersonal motivational systems (activation, deactivation, objectives and related emotions);

Knowing how to describe the placebo effect in relational context and the mechanisms through which it acts

Knowing how to describe the concept of trauma e its implications in obstetric setting

Contents

The difficult patient and personal narrative

Relationship, observation and communication

Interpersonal motivational systems

Attachment and relationship with patients

The placebo effect

Trauma

Detailed program

The difficult patient and personal narrative.

Interpersonal motivational systems (attachment, care, predatory, competitive, sexual, play and affiliation, cooperative)

Attachment and relationship with patients (secure, avoidant, ambivalent, disorganized attachment); attachment-based care approach.

The placebo effect and the implications for the relationship with the patient; the mechanisms by which the placebo effect acts

Traumatic experiences and their impact on mental functioning

Prerequisites

Teaching form

Lectures, small group activities with final written report.

Textbook and teaching resource

Liotti G., Fassone G., Monticelli F. (2017). L'evoluzione delle emozioni e dei sistemi motivazionali. Raffaello Cortina Editore. Capitoli 1,2,3

Wilhelm K., Tietze T. (2016). Difficult doctor-patient interactions. Applying principles of attachment-based care. *Medicine Today*, 17(1-2), 36-44

Benedetti F. (2018). L'effetto placebo. Breve viaggio tra mente e corpo, Roma, Carocci editore
Some suggested supplementary material will be uploaded on the e-learning platform

Semester

1 Year - 2 Semester

Assessment method

Written exam with open questions on topics presented during the course. Final grade deriving from the average of individual marks of each module (3 different parts) of the exam.

Office hours

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Sustainable Development Goals

GOOD HEALTH AND WELL-BEING | QUALITY EDUCATION | GENDER EQUALITY
