



UNIVERSITÀ  
DEGLI STUDI DI MILANO-BICOCCA

## COURSE SYLLABUS

### Clinical Psychology - 1

2324-1-I0102D007-I0102D023M-T1

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#### Aims

Knowing how to describe the concept of "difficult patient" in terms of the narrative of the patient;

Knowing how to recognize and describe the features of different attachment styles and the implications for the relationship with the patient;

Knowing how to recognize and describe interpersonal motivational systems (activation, deactivation, objectives and related emotions);

Knowing how to describe the placebo effect in relational context and the mechanisms through which it acts

Knowing how to describe the concept of trauma e its implications in obstetric setting

#### Contents

The difficult patient and personal narrative

Relationship, observation and communication

Interpersonal motivational systems

Attachment and relationship with patients

The placebo effect

Trauma

## **Detailed program**

The difficult patient and personal narrative.

Interpersonal motivational systems (attachment, care, predatory, competitive, sexual, play and affiliation, cooperative)

Attachment and relationship with patients (secure, avoidant, ambivalent, disorganized attachment); attachment-based care approach.

The placebo effect and the implications for the relationship with the patient; the mechanisms by which the placebo effect acts

Traumatic experiences and their impact on mental functioning

## **Prerequisites**

## **Teaching form**

Lectures, small group activities with final written report.

## **Textbook and teaching resource**

Liotti G., Fassone G., Monticelli F. (2017). L'evoluzione delle emozioni e dei sistemi motivazionali. Raffaello Cortina Editore. Capitoli 1,2,3

Wilhelm K., Tietze T. (2016). Difficult doctor-patient interactions. Applying principles of attachment-based care. Medicine Today, 17(1-2), 36-44

Benedetti F. (2018). L'effetto placebo. Breve viaggio tra mente e corpo, Roma, Carocci editore  
Some suggested supplementary material will be uploaded on the e-learning platform

## **Semester**

1 Year - 2 Semester

## **Assessment method**

Written exam with open questions on topics presented during the course. Final grade deriving from the average of individual marks of each module (3 different parts) of the exam.

## **Office hours**

by appointment: [marco.bani1@unimib.it](mailto:marco.bani1@unimib.it)

## **Sustainable Development Goals**

GOOD HEALTH AND WELL-BEING | QUALITY EDUCATION | GENDER EQUALITY

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