



UNIVERSITÀ  
DEGLI STUDI DI MILANO-BICOCCA

## SYLLABUS DEL CORSO

### Città e Qualità della Vita

2324-2-F8802N012

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#### Learning objectives

Achieve the necessary skills to define, measure and evaluate the quality of urban life and the most appropriate policies to increase it, both individually, collectively or for specific population groups. Develop abilities for collaboration with other professionals in planning activities.

#### Contents

The course will be articulated in different parts concerning the history of the research on quality of life, the definition of the concept of quality of life and the methodology for studying quality of life, with further details on the quality of life for metropolitan populations: residents and non-residents and on urban policies. A specific and introductory part of the course will concern the role of sociology in planning for improving urban quality of life.

#### Detailed program

##### COURSE INTRODUCTION

##### Part one

- Definition of territorial systems
- Cities and urban populations

##### Part two

- Sociology and urban planning

- Sociology and social participation

### **Part three**

- Policies for improving quality of life

### **Part four**

- Definition of urban quality of life
- Sources and indicators
- Research methods on quality of life
- Results of Italian and international research

### **Part five**

- Design and development of research on quality of life

## **Prerequisites**

General skills in urban sociology

## **Teaching methods**

Lectures, presentations of papers and exercises

## **Assessment methods**

- exercises in classroom
- presentations of papers in classroom
- production of final reports

or as an alternative

- written test in presence (open-ended questions on the indicated textbooks)

For both methods, additional facultative oral exam is provided

## **Textbooks and Reading Materials**

- Mela A. et al. (2000) *Sociologia e progettazione del territorio*, Roma: Carocci.
- Nuvolati G. *La qualità della vita delle città* (on-line).
- Nuvolati G. (2007) *Mobilità quotidiana e complessità urbana*, Firenze: FUP.
- Nuvolati G. (a cura di) (2018) *Sviluppo urbano e politiche per la qualità della vita*, Firenze: FUP (4 selected

chapters).

- Nuvolati G. e D'Ovidio M (2022) *Temi e metodi per la sociologia del territorio*, Torino: UTET (4 selected chapters).

For international students

A reading list in English will be provided upon request. An English exam will be allowed as well.

## **Sustainable Development Goals**

SUSTAINABLE CITIES AND COMMUNITIES

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