UNIVERSITÀ
DEGLI STUDI DI MILANO-BICOCCA

COURSE SYLLABUS

Cities and Quality of Life

2324-2-F8802N012

Learning objectives

Achieve the necessary skills to define, measure and evaluate the quality of urban life and the most appropriate policies to increase it, both individually, collectively or for specific population groups. Develop abilities for collaboration with other professionals in planning activities.

Contents

The course will be articulated in different parts concerning the history of the research on quality of life, the definition of the concept of quality of life and the methodology for studying quality of life, with further details on the quality of life for metropolitan populations: residents and non-residents and on urban policies. A specific and introductive part of the course will concern the role of sociology in planning for improving urban quality of life.

Detailed program

COURSE INTRODUCTION

Part one

- Definition of territorial systems
- Cities and urban populations

Part two

- Sociology and urban planning

- Sociology and social participation

Part three

- Policies for improving quality of life

Part four

- Definition of urban quality of life
- Sources and indicators
- Research methods on quality of life
- Results of Italian and international research

Part five

- Design and development of research on quality of life

Prerequisites

General skills in urban sociology

Teaching methods

Lectures, presentations of papers and exercises

Assessment methods

- exercises in classroom
- presentations of papers in classroom
- production of final reports

or as an alternative

- written test in presence (open-ended questions on the indicated textbooks)

For both methods, additional facultative oral exam is provided

Textbooks and Reading Materials

- Mela A. et al. (2000) *Sociologia e progettazione del territorio*, Roma: Carocci.
- Nuvolati G. *La qualità della vita delle città* (on-line).
- Nuvolati G. (2007) *Mobilità quotidiana e complessità urbana*, Firenze: FUP.
- Nuvolati G. (a cura di) (2018) *Sviluppo urbano e politiche per la qualità della vita*, Firenze: FUP (4 selected

chapters).
- Nuvolati G. e D'Ovidio M (2022) *Temi e metodi per la sociologia del territorio*, Torino: UTET (4 selected chapters).

For international students
A reading list in English will be provided upon request. An English exam will be allowed as well.

Sustainable Development Goals

SUSTAINABLE CITIES AND COMMUNITIES