UNIVERSITÀ
DEGLI STUDI DI MILANO-BICOCCA

# COURSE SYLLABUS

# Clinical Developmental Psychology

**2324-2-F5103P094**

## Learning area

Atypical development

## Learning objectives

*Knowledge and understanding*

- Knowledge of psychological and clinical interventions during development
- Techniques and methods of treatment of the main disorders that occur during childhood and adolescence

*Applying knowledge and understanding*

- Ability to identify the most appropriate psychological interventions in the developmental clinical psychology field
- Ability to pay attention to relational contexts (e.g., family, school) in the definition of a developmental psychological intervention

## Contents

In the perspective of Developmental Psychopathology, the two models will present the theoretical frames and the clinic methodology for assessment and therapy of relational disorders in children and adolescents following the psychoanalytic approach (Model I) and the cognitive-costructivistic approach (Model II). Students will be able to reflect critically on similarities, differences and the specificity of the two theoretical and clinic approaches.

## Detailed program

• Observational and assessment methodology and tools in clinic work with children and their families.

• Specific clinical applications of the presented models to externalizing and internalizing psychopatological conditions in children and adolescents.

• Introduction to theory and metodology for clinical work wiith parents in the two presented approaches.

## Prerequisites

Knowledge of Developmental Psychology

A general knowledge of diagnostic systems (DSM-5, PDM).

Students lacking such basic knowledge are encouraged to ask for a list of basic references.

## Teaching methods

Classroom lectures, case studies presentations and discussions, video and audio presentations and exercises on the course topics.

Lessons material will be made available on the e-learning site of the course, so that it can also be used by non-attending students.

## Assessment methods

The examination is oral.

Evaluation criteria are the correctness of the answers, the ability to argue, synthesize, create links, and critically reflect on the topics presented in the lessons.

## Textbooks and Reading Materials

*Detailed information about references will be published on the e-learning page of this course.

## Sustainable Development Goals

GOOD HEALTH AND WELL-BEING | GENDER EQUALITY | REDUCED INEQUALITIES