UNIVERSITÀ
DEGLI STUDI DI MILANO-BICOCCA

COURSE SYLLABUS

Healthy and Pathological Family Interactions

2324-2-F5104P015

Learning area

Psychological functioning: models and methods for assessment

Learning objectives

Knowledge and understanding

- Normative and not critical events and their possible pathological outcomes;
- Support models for specific critical events;
- The role of the psychologist within family systems.

Applying knowledge and understanding

- Basic understanding of the assessment of family pathology;
- Basic knowledge of observational techniques of family dynamics;
- Understanding requests and predisposing interventions.

Contents

The aim of the course is to develop the student's abilities pertaining to:

the analysis and understanding of the development of family and couple typical and atypical functioning related to normative and not events;

In particular considering the developmental tasks of new family configurations and current socio-economic changes;

Changes resulting from critical events will also be discussed;

Finally, a model for evaluating and intervening in these specific relational realties.

Detailed program

- family configurations and supplementary developmental tasks in the family life cycle, and associated risk factors ad indices of adaptation
- atypical critical events (traumas; cancer and cardiac pathologies; natural disasters; terroristic attacks; grief; dementia etc);
- instruments for the assessment and intervention in families;
- the psychological profession in different contexts.

Prerequisites

A good knowledge of of the basis of Psychodynamics of development and family relations and Family Counseling enables a more aware use of the course contents. Students lacking such basic knowledge are encourage to ask for a list of basic references.

Teaching methods

Classroom lectures are combined with the case studies, video presentations focused on the course topics and guided exercises, discussion of scientific articles.

These modalities have the purpose of making the course contents more usable and facilitate the acquisition of specific skills on the family system and on the tools for the evaluation of relational processes.

Most of the material used in the classroom (excluding films) will be made available on the e-learning site of the course.

Assessment methods

The verification of learning will be carried out through a written (required) and oral (optional) examination.

The written part includes 2 open questions and 15 multiple choice questions (with only one correct answer). The multiple choice questions aim to evaluate extensively the preparation of students, the open questions want to evaluate the ability to critically think and to create connections between the acquired knowledge.

For all the students who will request it, it will be planned also an oral examination, in addition to the written one. The oral examination covers the whole program. In order to access the oral examination, it's necessary to have a

score of at least 18 in the written part.
The evaluation's requirements are: accuracy of open questions' answers, precision of the contents, logical and formal organization and correct terminology in the answers.

The verification of learning aims to verifying the specific knowledge of the main theoretical aspects of the course. The knowledge about the instruments used in the evaluation of relational processes will be the main subject of evaluation. A specific attention will be given to the knowledge of the technical language, the understanding and the evaluation of the normal and pathological functioning of the family.

Textbooks and Reading Materials

1. Walsh, F. (2008). La resilienza familiare. Milano: Raffaello Cortina Editore. Tutta la prima parte fino a pagina 205 e da pag. 273 a pag. 317.

2. Salerno, A., Merenda. (2021). Nuove coppie, nuove unioni. Milano: Franco Angeli, 2021 Editore.

3. Andolfi, M., Mascellani A. (2020). Intimità di coppia e trame familiari: Milano: Raffaello Cortina Editore.

4. Andolfi M., (a cura di), (2015), La Terapia familiare multigenerazionale. Strumenti e risorse del terapeuta, Raffaello Cortina, Milano

Sustainable Development Goals

GOOD HEALTH AND WELL-BEING