UNIVERSITÀ
DEGLI STUDI DI MILANO-BICOCCA

COURSE SYLLABUS

The Assessment of Relational Functioning

2324-2-F5104P030

Learning area

1: Psychological functioning: models and methods for assessment

Learning objectives

Knowledge and understanding

· The Infant Research intersubjective perspective and the systemic model of interaction;

· The Stern's micro-analytic interview as an instrument to explore, in clinical and educational areas, relational schemes of "being with" the Other.

Applying knowledge and understanding

· Experiencing the micro-analytic interview conduction, focusing on the content and the interactive process;

. Analyzing personal experience and highlighting the "dominant theme" or the schemes of "being with" that characterizes the explored moment by the interview.

Contents

The lab-course focuses on the assessment of relational schemes of "being with" the Other in clinical and educational areas.

The theoretical frame (Infant Research intersubjective perspective and the systemic model of interaction) and the origin of Stern's micro-analytic interview will be presented.

The applications of Infant Research discoveries and of Stern's micro-analytic perspective in clinical area (parent-child psychotherapy, the study of change process in psychoanalytic therapy) will be illustrated.

The adaptation of Stern's micro-analytic interview for educational area will be introduced as a method to highlight interactive difficulties and to assess the relational functioning.

Peculiarities and difficulties of assessment in clinical and educational areas will be discussed.

Detailed program

• The Infant Research intersubjective perspective;

• The systemic model of interaction;

• The origin of Stern's micro-analytic interview (breakfast interview) as a method to explore personal experience and individual's representational world;

• The application of Stern's micro-analytic interview in clinical area and with pregnants women as a method to probe parental experience during critical interactive moment of parent-infant relationship;

• The role of "present moment" in the clinical setting and the importance of a micro-analytic perspective to study the change process in psychotherapy;

• The adaptation of Stern's micro-analytic interview for educational area as a procedure to focus on the critical moments of adults' interactive experience within educational practices.

• The application of micro-analytic interview within a research-formation project for kindergarten's teachers and nursery's operators.

Prerequisites

Basics of developmental psychodynamic and clinical psychology. They will be verified at the beginning of the laboratory and could be increased with bibliographical indications.

Teaching methods

Students are operationally introduced to the administering of micro-analytic interview for exploration of relational styles both through the analysis and discussion of illustrative transcripts and by role-playing in the classroom.

Vision of films, listening to interviews and work in small groups are also used. Students are invited to administer the interview on your own; the interviews could be observed by the teacher.

If necessary, methods could be adapted to personal needs of students (es. workers, strangers, mothers of

infants…).

Assessment methods

Students are required to present 2 reports about their administering of micro-analytic interviews (transcript and analysis). Reports will be discussed with the teacher, either individually or in group. Students will also analyze a mycro-analytic interview on your own.

The first work (administering of breakfast interview) will be realized in the middle of the laboratory; so students could take advantage of indications by the teacher about their work.

The precision of administering of interviews and attention in assessment of internal and interactive processes will be considered.

Textbooks and Reading Materials

Suggested further readings:

Andolfi, M. (2003). Manuale di psicologia relazionale. La dimensione famigliare. Accademia di psicoterpia della famiglia, Roma.

Carli, L., & Pintarelli, M. (2005). Adattamento e uso dell'intervista microanalitica di Stern per l'analisi delle interazioni nel corso delle pratiche educative. In M. Vigorelli (Ed.), Il lavoro della Cura nelle Istituzioni (pp. 220-223). Franco Angeli, Milano.

Mazzoni, S., Tafà, M. (a cura di) (2007). L'intersoggettività nella famiglia. procedure multimetodo per l'osservazione e la valutazione delle relazioni familiari. FrancoAngeli, Milano.

Stern, D, N. (1999). La costellazione materna. Il trattamento psicoterapeutico della coppia madre-bambino (cap. 1, 2, 3, 4, 7, 12). Bollati Boringhieri, Torino.

Stern, D, N. (2004). Il momento presente. In psicoterapia e nella vita quotidiana. Raffaello Cortina, Milano.

Sustainable Development Goals

GOOD HEALTH AND WELL-BEING