



UNIVERSITÀ
DEGLI STUDI DI MILANO-BICOCCA

COURSE SYLLABUS

Residential Interventions in Therapeutic Communities

2324-2-F5104P032

Learning area

2: Methods and techniques for treatment and rehabilitation

Learning objectives

The lab-course aims to introduce to the students an understanding of therapeutic and rehabilitation potentials of residential therapeutic community, starting from its international origins up to the current Italian experience through a nationwide network that has been established since the Law 180 reform and later.

Applying knowledge and understanding

Ability in diagnostic processes

- Participatory observation skills of team work of some therapeutic communities (TC) of excellence.
- Ability to discuss clinical cases of TC residents.
- Elaboration of an individualised therapeutic rehabilitation intervention project with the indication of insertion in residential care.
- Ability to work in a team.

Contents

Clinical and organizational characteristics of Therapeutic Communities, public and private, for psychotic, borderline, dual diagnosis patients, offenders, adolescents and children.

Detailed program

- Presentation of specific and non-specific factors characterizing the TC compared to other treatments; treatment indications and multidisciplinary team composition; differentiated treatment programmes on the basis of the type of residents (psychotic, borderline, double-diagnosis patients, etc.) and their developmental point (children and adolescents).
- Organization and Discussion in small groups, of a TC “typical day”, team meeting and rehabilitation activities in some available TC. Observation reports, made on the basis on an assessment grid, will be presented and discussed in a group setting.

Prerequisites

Having attended Clinical Psychology course and having learned basic elements in psychopathology.

Teaching methods

Interactive and experiential methodology (visiting experience if possible), videos and films.

Assessment methods

Written reports about experiences, treatment rehabilitation, Treatment Plan in a Therapeutic Community, active participation in class discussions.

Textbooks and Reading Materials

The reference texts and articles will be indicated during the first meeting

Sustainable Development Goals
