



UNIVERSITÀ  
DEGLI STUDI DI MILANO-BICOCCA

## SYLLABUS DEL CORSO

### Psicologia del Ciclo di Vita

2324-2-E1901R128

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#### Course title

Life cycle psychology

#### Topics and course structure

The development of the main psychological dimensions (cognitive, linguistic, affective, emotional, social and moral) will be discussed in the light of the most important theoretical models and the potential implication in educational contexts throughout life, from infancy to the old age.

#### Objectives

The course aims at introducing students to the theoretical models of developmental psychology, considering the psychological development as a complex and multidimensional process engaging the person through the life cycle.

#### Methodologies

#### Online and offline teaching materials

## **Programme and references**

- 1) Caravita, Milani, Traficante (Eds., 2018), *Psicologia dello sviluppo e dell'educazione*. Il Mulino, Bologna
- 2) De Beni, Borella (2015), *Psicologia dell'invecchiamento e della longevità*. Il Mulino, Bologna (capitoli: I, II, III, VI, VIII, IX, X, XV).
- 3) One book of your choice (the list of books to choose from will be provided at the beginning of the course)
- 4) Slides

**A BIBLIOGRAFY IN ENGLISH WILL BE PROVIDED FOR INTERNATIONAL STUDENTS**

## **Assessment methods**

The exam will consist of a written test.

The knowledge of the arguments, the ability to use a specific language, and the ability to relate all the issues will be evaluated.

## **Office hours**

By appointment

## **Programme validity**

2 academic years

## **Course tutors and assistants**

Elisabetta Conte, Alessia Agliati, Elisa Brazzelli

## **Sustainable Development Goals**

GOOD HEALTH AND WELL-BEING

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