



UNIVERSITÀ
DEGLI STUDI DI MILANO-BICOCCA

COURSE SYLLABUS

Practical Philosophy

2324-1-F8501R009

Course title

Philosophical practices: Philosophical Life and the Human Animal

Topics and course structure

What is the relationship between life and thought according to ancient Greek philosophy? How are philosophy, action (*praxis*), and experience (in its both ordinary and properly spiritual dimensions) intertwined in this beginning? How are we to understand the human being as the fruit of an architectonic, formative process?

This course focuses on philosophy as a body of formative practices and philosophical-spiritual exercises. In the systematizations of the late ancient schools as well as the Platonic-Aristotelian and pre-Socratic reflection, philosophy understood in its essentially practical dimension casts light on the crucial problems of pedagogical processes and therapeutic relationships alike.

The course is taught in Italian.

Objectives

Developing: 1) reading and interpretive abilities; 2) capacity for autonomous articulation; 3) critical and dialectical skills; 4) self-awareness and formative abilities; 5) listening and dialogical ability in pedagogical/analytical context.

Methodologies

Lectures, discussion, seminars.

Online and offline teaching materials

During the semester, materials in various formats will be posted on the homepage of this course, regarding themes addressed in the lectures.

Programme and references

This year the course will focus on the nexus between philosophical life and animality and will address the intertwined themes of the origin of philosophy, the exploration of human potentiality, and the reflection on being in the world.

Aristotle, *Nicomachean Ethics*

Aristotle, *Poetics*

Claudia Baracchi, *Aristotle's Ethics as First Philosophy*, Cambridge UP

Claudia Baracchi, *Friendship: The Future of an Ancient Gift*, Indiana UP

Assessment methods

Oral exam

Evaluation criteria: Clarity of exposition, Adequate knowledge of themes and reading assignments, Capacity for critical analysis and interpretation

No mid-term exam

The exam includes a reading exercise, a thematic exposition, and critical assessment of a theme addressed

Office hours

By appointment.

Programme validity

2 years.

Course tutors and assistants

Dr. Luca Grecchi

Dr. Elena Bartolini

Dr. Andrea I. Daddi

Sustainable Development Goals

GENDER EQUALITY | PEACE, JUSTICE AND STRONG INSTITUTIONS
