



UNIVERSITÀ  
DEGLI STUDI DI MILANO-BICOCCA

## SYLLABUS DEL CORSO

### Neuropsichiatria Infantile

2324-1-F5107P012

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#### Learning area

1: PSYCHOLOGICAL FUNCTIONING: MODELS AND METHODS FOR ASSESSMENT

#### Learning objectives

*Knowledge and understanding*

- Broad issues in child and adolescent neuropsychiatry.
- Knowledge of diagnostic principles and intervention within a multidisciplinary approach

*Applying knowledge and understanding*

- Acquisition of the general principles of child and adolescent neuropsychiatric assessment and reasoning

#### Contents

Aim of the course is to introduce the student to the study of (I) advanced diagnosis of major child and adolescent neuropsychiatric disorders and differential diagnosis (DSM-5) (II) basic aspects of child psychopharmacology (III) hints on child neuropsychiatric treatment

## Detailed program

- Autistic spectrum disorders (clinical cases and treatment)
- Obsessive compulsive spectrum (clinical cases and treatment)
- Anxiety disorders
- Children and adolescent mood disorders
- Early onset schizophrenia spectrum
- ADHD, Conduct disorders (clinical cases and treatment)
- Basic aspects of child and adolescent psychopharmacology
- Innovative models in child and adolescent Neuropsychiatry and the outcomes evaluation
- CAMHS, models of mental health services, and the role of the clinical psychologist

## Prerequisites

General knowledge of DSM-5 diagnostic criteria and essential issues in general psychopathology

## Teaching methods

Lectures, discussions, video presentations.

## Assessment methods

Written test with closed-ended questions (true/false, multiple choice) and mandatory oral examination.

The multiple-choice questions aim to extensively assess the student's knowledge, with particular focus on the topics covered in class and the material available on the slides uploaded after each lesson.

The mandatory oral examination consists of a discussion interview about the written test and further in-depth questions on the topics covered in the course.

The evaluation criteria include the accuracy of answers for closed-ended questions, adequacy of content, logical and formal organization, and appropriate use of terminology for answers to open-ended questions.

Although this course is held in Italian, for Erasmus students, course material can also be available in English, and students can take the exam in English if they wish to do so

## Textbooks and Reading Materials

*Required bibliography:*

1. APA (2023). *Mini DSM-5TR. Criteri diagnostici*. Milano: Raffaello Cortina Ed. (per i disturbi indicati)
2. **Benzoni S., Costantino A., Lyons J. Partecipazione e Valutazione di esito nella salute mentale in età**

**evolutiva. Trento, Erickson Ed. (2020)**

**\*\* Optional:\*\***

3. *Benzoni S., Figli Fragili, Bari, Laterza (2017)*

4. *Guidetti V, Neuropsichiatria dell'Infanzia e dell'adolescenza , Il Mulino (2016)*

More information about didactic material will be published on the e-learning page of the course, before it starts

## **Sustainable Development Goals**

GOOD HEALTH AND WELL-BEING

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