UNIVERSITÀ
DEGLI STUDI DI MILANO-BICOCCA

COURSE SYLLABUS

Clinical Psychology

2324-1-F5107P006

Learning area

1: PSYCHOLOGICAL FUNCTIONING: MODELS AND METHODS FOR ASSESSMENT

Learning objectives

Knowledge and understanding
• Broad issues and theoretical orientations in clinical psychology.
• Aspects related to psychiatric and psychodynamic diagnoses
• Introduction to psychological treatment

Applying knowledge and understanding
• Acquisition of the general principles of clinical assessment and reasoning
• Critical understanding of diagnosis and treatment aspects related to core psychopathological features
• Introduction to clinical practice

Contents

Aim of the course is to introduce the student to the study of (I) advanced clinical diagnosis and defense mechanisms, (II) personality organization/ personality disorders (in particular narcissism and borderline), (III) Affective Disorders, Addiction Disorders.
In order to do so, the course will provide basic notions on contemporary clinical treatments.

Detailed program

• Diagnosis of mental disorders (DSM-5)
• Defense mechanisms
• Psychodynamic assessment; personality organization and disorders
• Advanced clinical features of Affective Disorders, Personality Disorders Addiction Disorders

Prerequisites

General knowledge of Psychopathology (DSM-5 diagnostic criteria) and Dynamic Psychology (Psychodynamic Diagnosis and basic knowledge). We encourage students lacking such prerequisites to ask for basic references (via e-mail or during classes).

Teaching methods

Lectures, where students will be also invited to apply acquired competencies through discussion of case studies, videos, and further considerations on clinical psychology.

Supplementary materials - if possible - will be available on the e-learning platform.

Assessment methods

Step 1: Multiple choice examination (30 questions).
Step 2: Candidates who succeed at the multiple-choice examination (min.18 correct answers), get access to the oral examination.
Both steps shall focus on the whole programme; it will be possible also the presence of questions on prerequisites.

Textbooks and Reading Materials

Testi obbligatori - Required bibliography:

1. Lingiardi V., Madeddu F. (2023). I meccanismi di difesa. Milano: Raffaello Cortina Editore. Cap. 1, cap 3, cap 4, appendice DMRS.
2. Gabbard G.O. (2015). Psichiatria Psicodinamica. Raffaello Cortina Editore 4,8,9,12 (solo parte relativa ai disturbi da uso di sostanze, pp.343-356),14,15 (pp. 425-442),17 (pp. 509-521),18 (pp. 539-551),19
3. Madeddu F. (2020). I Mille volti di Narciso. Raffaello Cortina Editore (cap. 1,2,3,4 + un capitolo a scelta dello studente)
4. Eventuali altri riferimenti potranno essere dati a lezione/ Any other references may be given in class

Sustainable Development Goals

GOOD HEALTH AND WELL-BEING