

# UNIVERSITÀ DEGLI STUDI DI MILANO-BICOCCA

# **COURSE SYLLABUS**

# Laboratory: Assessment Methods of Parent-Child Interaction... - Turno A

2324-3-E2401P053-TA

### Learning area

2: Knowledge and skills useful to understand and change the relations among individuals and the psychosocial processes underlying groups, organizations and social systems

# Learning objectives

Knowledge and understanding

- · Caregiver-infant interactions
- Parental sensitivity
- Infant socio-emotional development
- · Parenting and infant developmental risk conditions

Applying knowledge and understanding

- · To identify interaction styles
- To identify emotional regulation between caregiver and infant in the first years of life
- To evaluate interactive problems in the parent-infant dyad
- Principles of early intervention to support parenting in at-risk conditions

#### **Contents**

This course aims to provide students with theoretical concepts, methodological principles and an introduction to techniques for the observation and assessment of parent-infant interaction in typical and at-risk developmental conditions.

#### **Detailed program**

- Theoretical introduction The emotional interaction and regulation.
- Caregiver-child emotional regulation: the Still Face methodology in typical development and developmental
- Parenting strategies to support interaction.
- Attachment and relationship building.
- Caregiver-child emotional regulation in atypical development (observation of the impact of symptoms on interaction)
- Caregiver-child emotional regulation in atypical development(observation of strategies to support interaction)

# **Prerequisites**

- Basic knowledge of attachment theory
- Knowledge of emotional development basic concepts

#### **Teaching methods**

Teaching methods include interactive lessons with guided review of videorecordings of caregiver/child-infant interaction and case discussion.

#### **Assessment methods**

The assessment of students' participation will depend upon the modality of lessons (physical presence or remote connection). The 75% of participation is needed. This will include remote activities and the production of homeworks on the themes treated during the lessons.

#### **Textbooks and Reading Materials**

Details about the reading materials will be provided to students on the related e-learning page.

#### **Sustainable Development Goals**