

# UNIVERSITÀ DEGLI STUDI DI MILANO-BICOCCA

## SYLLABUS DEL CORSO

Laboratorio: Metodi di Valutazione dell'Interazione e della Regolazione... - Turno B

2324-3-E2401P053-TB

## Learning area

Knowledge and skills useful to understand and change the relations among individuals and the psychosocial processes underlying groups, organizations and social systems

## Learning objectives

Knowledge and understanding

- · Caregiver-infant interactions
- Parental sensitivity
- Infant socio-emotional development
- · Parenting and infant developmental risk conditions

Applying knowledge and understanding

- · To identify interaction styles
- To identify emotional regulation between caregiver and infant in the first years of life
- To evaluate interactive problems in the parent-infant dyad
- Principles of early intervention to support parenting in at-risk conditions

## **Contents**

This course aims to provide students with theoretical concepts, methodological principles and an introduction to techniques for the observation and assessment of parent-infant interaction in typical and at-risk developmental conditions.

## **Detailed program**

#### Lessons 1 and 2

- · Theoretical assumptoms
- Methodological principles of parent-infant interaction observation
- · Parenting and developmentl risk conditions
- Early family-centered interventions

#### Lessons 3 and 4

- Clinical cases
- Joint vision of videotapes
- Coding the interaction
- Comparing coding systems and their implications

#### Lessons 5 and 6

- · Clinical cases
- · Programming interventions to support parenting in at-risk conditions
- Small group exercises

## **Prerequisites**

- Knowledge of attachmen theory
- Knowledge of emotional development basic concepts

## **Teaching methods**

Teaching methods include frontal face-to-face lessons and interactive lessons with joint vision of videotapes of parent-infant interaction and case discussion.

#### **Assessment methods**

The assessment of students' participation will depend upon the modality of lessons (physical presence or remote connection). The 75% of participation is needed. This will include remote activities and the production of homeworks on the themes treated during the lessons.

# **Textbooks and Reading Materials**

Details about the reading materials will be provided to students on the related e-learning page.

# **Sustainable Development Goals**

GOOD HEALTH AND WELL-BEING