UNIVERSITÀ
DEGLI STUDI DI MILANO-BICOCCA

# COURSE SYLLABUS

# Psychological Professions: Comparing Theories, Practices and Methodologies - Turno C

**2324-3-E2401P114-TC**

## Learning area

KNOWLEDGE AND SKILLS USEFUL TO UNDERSTAND AND CHANGE THE RELATIONS AMONG INDIVIDUALS AND THE PSYCHOSOCIAL PROCESSES UNDERLYING GROUPS, ORGANIZATIONS AND SOCIAL SYSTEMS

## Learning objectives

*Knowledge and understanding*

- Professional areas of application in psychology
- Features of the psychological professions: professional activities, relationship with other professionals, relationships with organizations/agencies, professional path
- Psychologist's professional skills

*Applying knowledge and understanding*

- Application of psychological skills in professional practice
- Use of psychological theories in professional practice
- Design of a formative and professional path
- Reflective capacity about their own formative and professional path
- Recognition and use of personal and social resources for their own professional practice

## Contents

An overview of the professional area of psychology will be provided, considering how psychological professions have developed in Italy.

Professional psychologists will be invited to the workshop to expose the students their experience and to interact with them. The aim is to give to the students the chance to understand the activities psychologists are involved every day, the skills they need and the obstacles they meet.

During the workshop, students will think about their formative and professional path and will consider the opportunities and obstacles they have.

## Detailed program

1. Representation of psychological professions among students
2. Professional areas of application of psychology
3. The professional activities and tasks of psychologists in different areas and deriving responsibilities
4. The skills they need to carry out these activities
5. The use of psychological theories in everyday practice
6. The specificity of the psychologist and relationship with other professionals
7. The relationship with the membership organization, with external organizations and with social context
8. Resources and obstacles in the formative and professional pat

## Prerequisites

A good knowledge of the basis of psychology (mandatory and optional courses) enables a more aware use of the course contents.

## Teaching methods

Discussions, testimonies, group works, elaboration of written reflection

## Assessment methods

Students are required to present a paper which will be discussed with the teacher during the last lesson.

## Textbooks and Reading Materials

The final examination will be a written paper about individual and group reflections on psychological competencies, personal representations of the psychological professions and the topics discussed during the testimonies. During

the last lesson, there will be feedback on the papers, which will be the subject of discussion in the group and with the lecturer.

## Sustainable Development Goals

QUALITY EDUCATION