UNIVERSITÀ
DEGLI STUDI DI MILANO-BICOCCA

COURSE SYLLABUS

Psychological Professions: Comparing Theories, Practices and Methodologies - Turno D

2324-3-E2401P114-TD

Learning area

KNOWLEDGE AND SKILLS USEFUL TO UNDERSTAND AND CHANGE THE RELATIONS AMONG INDIVIDUALS AND THE PSYCHOSOCIAL PROCESSES UNDERLYING GROUPS, ORGANIZATIONS AND SOCIAL SYSTEMS

Learning objectives

Knowledge and understanding
Professional areas of application in psychology
Features of the psychological professions: professional activities, relationship with other professionals, relationships with organizations/agencies, professional path
Psychologist's professional skills

Applying knowledge and understanding
Application of psychological skills in professional practice
Use of psychological theories in professional practice
Design of a formative and professional path
Reflective capacity about their own formative and professional path
Recognition and use of personal and social resources for their own professional practice

Contents

An overview of the professional area of psychology will be provided, considering how psychological professions have developed in Italy.

Professional psychologists will be invited to the workshop to expose the students their experience and to interact with them. The aim is to give to the students the chance to understand the activities psychologists are involved every day, the skills they need and the obstacles they meet.

During the workshop, students will think about their formative and professional path and will consider the opportunities and obstacles they have.

Detailed program

1. Representation of psychological professions among students
2. Professional areas of application of psychology
3. The professional activities and tasks of psychologists in different areas and deriving responsibilities
4. The skills they need to carry out these activities
5. The use of psychological theories in everyday practice
6. The specificity of the psychologist and relationship with other professionals
7. The relationship with the membership organization, with external organizations and with the social context
8. Resources and obstacles in the formative and professional path

Prerequisites

A good knowledge of the basis of psychology (mandatory and optional courses) enables a more aware use of the course contents.

Teaching methods

Discussions, testimonies, group works, elaboration of written reflection.

Assessment methods

Students are required to present a paper (in part individual and in part in group) which will be discussed with the teacher during the last lesson.

Textbooks and Reading Materials

None

Sustainable Development Goals

QUALITY EDUCATION