



UNIVERSITÀ  
DEGLI STUDI DI MILANO-BICOCCA

## SYLLABUS DEL CORSO

### Public speaking and effective communication

2324-102R-18

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#### Title

Public speaking and effective communication

#### Teacher

Fabrizia Mantovani

#### Language

English

#### Short description

##### Objectives

Main goal of this course is to provide students with an introduction to effective communication in public speaking situations and the opportunity to train their oral presentation skills.

After completion of the course, the students will be able to

- understand communication as a multimodal act which integrates verbal and nonverbal systems (vocal nonverbal, facial expressions, eye-gaze, gestures, posture, proxemics, haptics);
- gain awareness of their own communication style;

- develop their public speaking skills, by leveraging assets/strengths and addressing weaknesses/areas of improvement;
- understand how to manage stress during oral presentations.

**Methodology**

- Students' short presentations (with videorecording)
- Reflective discussion
- Work in pairs and small groups
- Frontal lecture

**Target audience**

PhD students from all the PhD courses offered in Bicocca.

**Maximum number of participants**

18

**Assessment method**

Active participation during lessons  
Production of short videorecorded presentations

**CFU / Hours**

1 CFU  
8 hours

**Teaching period and mode**

21/11/23 2:30 pm - 6.30 pm room U6-12  
23/11/23 9:30 am - 1:30 pm room U6-17

For its specific characteristics the course will be only attended in presence in the classroom.

**course registration on “Segreteria online”:** from 02/11/23 **REGISTRATION CLOSED**

**Sustainable Development Goals**

GOOD HEALTH AND WELL-BEING

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