



UNIVERSITÀ
DEGLI STUDI DI MILANO-BICOCCA

COURSE SYLLABUS

Teamwork and Group Dynamics I

2324-1-128R-TW1

Title

Subject: Teamwork and Group Dynamics I

Teacher(s)

prof.ssa Maria Grazia Strepparava
dr.ssa Selena Russo

Language

english

Short description

The first part of the Teamwork and Group Dynamics course focuses on leadership and the theoretical foundations of group dynamics. Students will explore different leadership styles, leadership theories, and how these influence group behaviour, decision-making, and cohesion. Topics include group formation, the role of leaders in shaping group norms and productivity, and how leadership styles can impact team motivation and conflict resolution. By understanding group theory and leadership models, students will be better equipped to manage team dynamics effectively. Case studies and theoretical reflections will be employed to deepen understanding.

Topics Covered:

- Leadership Theories and Styles (e.g., transformational, transactional, democratic, autocratic)
- Group Formation and Roles
- Decision-Making Processes in Groups
- Power, Influence, and Authority in Teams
- Leadership and Conflict Resolution
- Case Studies in Leadership and Group Dynamics

CFU / Hours

1 ECTS / 8 hours

Teaching period

I / II term

Sustainable Development Goals

GOOD HEALTH AND WELL-BEING | QUALITY EDUCATION | PARTNERSHIPS FOR THE GOALS
