



UNIVERSITÀ
DEGLI STUDI DI MILANO-BICOCCA

COURSE SYLLABUS

Teamwork and Group Dynamics II

2324-1-128R-TW2

Title

Teamwork and Group Dynamics II

Teacher(s)

prof.ssa Maria Grazia Strepparava
dr.ssa Selena Russo

Language

english

Short description

Building upon the theoretical concepts from Teamwork and Group Dynamics I, this course focuses on the practical application of teamwork skills and managing group dynamics in professional settings. Emphasis will be placed on collaboration, negotiation, conflict management, and communication within teams. Students will engage in group work activities, simulations, and practical exercises to develop and refine their interpersonal and teamwork skills. Special attention will be given to managing groups under high-stress conditions and fostering cohesion in diverse teams.

Topics Covered:

- Practical Teamwork Skills and Collaboration
- Negotiation and Conflict Management Techniques
- Communication Strategies in Group Settings
- Managing Group Dynamics in High-Stress Situations
- Enhancing Group Cohesion and Team Performance
- Practical Exercises and Group Simulations

CFU / Hours

1 ECTS / 8 hours

Teaching period

I /II term

Sustainable Development Goals

GOOD HEALTH AND WELL-BEING | QUALITY EDUCATION | PARTNERSHIPS FOR THE GOALS
