



UNIVERSITÀ  
DEGLI STUDI DI MILANO-BICOCCA

## COURSE SYLLABUS

### Action Research for Groups and Organizations

2425-2-F5106P012

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#### Learning area

Social psychology, organizational psychology and decision-making

#### Learning objectives

##### Knowledge and understanding

epistemological, theoretical and methodological references of research and intervention in social psychology;  
methodological and applied issues in action research and its applications.

##### \*Applying knowledge and understanding

In-depth knowledge of the phases of the research and intervention processes

In-depth knowledge of the methods and tools used in research and interventions in social psychology

Ability to define a research design and plan an intervention

#### Contents

The course aims to illustrate the theoretical-methodological frameworks necessary to design, implement and evaluate research and interventions in different operational contexts. Different psychosocial theories will be explored in depth by analyzing research and intervention perspectives and how these must be integrated to propose effective changes in groups and organizations.

## **Detailed program**

Introduction.

Research in social psychology: approaches, tools and purposes

Intervention in social psychology: planning and evaluation

Integration of research and intervention and scientific dissemination

Module 1. From research to action: Analysis of the application of interventions based on psychosocial theories in work, school, medical and family contexts

Module 2. Action research in community psychology: methods and tools of interventions

Module 3. Research planning and interventions in different psycho-social fields

## **Prerequisites**

A good knowledge of the fundamentals of Psychology (in particular Social, Work and Organizational Psychology, quantitative and qualitative methods) allows for a more informed use of the course contents. Students who have not taken these exams are invited to write to the teacher to have a basic bibliography.

## **Teaching methods**

In addition to lectures in the classroom, part of the teaching takes place through the guided discussion of scientific articles, cases (case studies) and through practical exercises and group work on the topics of the course.

All activities are carried out in person, approximately 42 hours of teaching activity will be organized as frontal lessons (Delivering Teaching), and 14 hours will include classroom discussions, case presentations, group work, carrying out exercises (Interactive Teaching).

All the material (lecture notes and scientific articles) is made available on the course's e-learning site, so that it can also be used by non-attending students.

## **Assessment methods**

The exam will be written with optional oral.

The questions will be aimed at ascertaining the effective acquisition of both theoretical knowledge and the ability to critically analyze research and interventions. The evaluation criteria are: the correctness of the answers, the ability to argue, synthesize, create connections, and discuss critically.

For students who request it, an oral interview is also scheduled, on all the topics of the course, which can lead to an increase or decrease of up to 2 points compared to the score of the written exam.

## **Textbooks and Reading Materials**

Detailed information about the teaching material will be published on the e-learning page associated with the

course.

Erasmus students can contact the teacher to agree on the possibility of studying from a bibliography in English and/or the possibility of taking the exam in English.

## **Sustainable Development Goals**

GOOD HEALTH AND WELL-BEING | QUALITY EDUCATION | GENDER EQUALITY | DECENT WORK AND ECONOMIC GROWTH | REDUCED INEQUALITIES | PEACE, JUSTICE AND STRONG INSTITUTIONS

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