

SYLLABUS DEL CORSO

Laboratorio Metodi e Tecniche di Intervento per la Promozione del Benessere

2425-2-F5106P039

Learning area

Experiential learning

Learning objectives

Knowledge and understanding

- Current issues in health and well-being promotion
- Differences between prevention and promotion interventions in health and well-being
- Specificities of methods and techniques for prevention and promotion in health and well-being

Applying knowledge and understanding

- Ability to perform demand analysis
- Ability to apply and implement the main methods and techniques for health and well-being promotion to specific population targets
- Ability to apply and implement the main methods and techniques for health and well-being promotion to specific intervention goals

Contents

Detailed program

Prerequisites

Teaching methods

Assessment methods

Textbooks and Reading Materials

Sustainable Development Goals

GOOD HEALTH AND WELL-BEING
