



UNIVERSITÀ  
DEGLI STUDI DI MILANO-BICOCCA

## SYLLABUS DEL CORSO

### Medicina del Lavoro

2425-1-I0303D005-I0303D016M

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#### Aims

The objectives of the course are:

- Acquisition of the basic elements of Occupational Medicine and the prevention system in the occupational field;
- Knowledge of the main aspects of professional risks, with particular reference to the healthcare sector, in order to prevent the development of occupational diseases.

#### Contents

The module aims to provide the student with useful information to promote health in the workplace and to avoid risky behaviors capable of both generating occupational diseases and promoting the transmission of pathologies.

#### Detailed program

Introductory prevention concepts. Classification of Risk Factors. Reference regulatory framework. Obligations and responsibilities within the prevention system. Characteristics, evaluation, management of risks in the healthcare sector. Risks for working mothers. Biological risk. Biomechanical overload. Stress in the workplace. Other occupational risks

#### Prerequisites

## **Teaching form**

Frontal lessons. During the lessons, the teacher will promote moments of discussion among students on problems relating to workplace risks, involving students and asking them to reflect on these issues.  
All lessons are held in attendance in Italian: 4 lessons of 2 hours.

## **Textbook and teaching resource**

1. Bertazzi PA. Medicina del Lavoro. Milano: Raffaello Cortina Editore, 2013
2. Teaching material provided by the teacher

The Teacher will provide additional learning materials

## **Semester**

Second semester

## **Assessment method**

10 multiple choice questions to check preparation on the exam programme

## **Office hours**

By appointment required by mail

## **Sustainable Development Goals**

GOOD HEALTH AND WELL-BEING | QUALITY EDUCATION

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