



UNIVERSITÀ  
DEGLI STUDI DI MILANO-BICOCCA

## SYLLABUS DEL CORSO

### Malattie del Sangue e del Sistema Immunitario

2425-2-I0303D007-I0303D033M

---

#### Aims

The student must be able to characterize the blood cellular and biochemical composition and describe the principal diseases of the hematological, immunological and coagulation systems

#### Contents

At the end of this course, the students must have learned about the consequences of an altered function of the hematopoietic, immunologic, and coagulation systems.

#### Detailed program

##### Monza

##### BLOOD AND BLOOD CELL MORPHOLOGY.

Composition of blood and morphological characteristics of blood cells. Hematopoiesis and hemocateresis. Pathophysiology of leukocytes, red blood cells and platelets. Characteristics and properties of stem cells. Plasma composition. Mechanisms of activation and inhibition of blood coagulation.

##### BLOOD DISEASES.

The Anemias. Thrombocytopenias. Acute and chronic leukemia (definition and diagnostic framework). Myelodysplasias and myeloproliferative diseases (outline). Lymphoproliferative diseases and plasma cell dyscrasias.

##### DISEASES OF THE IMMUNE SYSTEM.

Multiple myeloma (with particular attention to the diagnostic process). Lymphomas (general overview).

##### DISEASES OF THE HEMOCOAGULATIVE SYSTEM:

the main thrombotic diseases and hemorrhagic diseases.

## **Bergamo**

### **BLOOD AND BLOOD CELL MORPHOLOGY**

Characteristics and properties of stem cells. Pre- and post-natal hematopoiesis. Blood function.

Composition of blood and morphological characteristics of blood cells. The smear of peripheral blood. Red blood cells: morphological characteristics (erythrocyte membrane, hemoglobin) e functions. White blood cells: classification (granulocytes, lymphocytes, monocytes/macrophages), characteristics morphology and functions of each category of white blood cells. Platelets: morphology and function.

The plasma. Composition and function.

Blood count test. Qualitative and quantitative parameters.

### **BLOOD DISEASES**

The anemias. Symptoms. Classification (hyporegenerative, loss or increased destruction anemias of erythrocytes). Anemia diagnostic algorithm. Iron deficiency anemia and iron metabolism.

Thalassemia syndromes (physiopathology and classification). Sickle cell anemia. Aplastic anemia.

Anemia of chronic inflammation. Vitamin B12 and folate deficiency anemia. Hemolytic anemias congenital and acquired. Paroxysmal nocturnal hemoglobinuria.

Thrombocytopenias. Definition and classification. Immune thrombocytopenic purpura. Thrombocytopenia by alloantibodies. Drug-induced thrombocytopenia (heparin-induced thrombocytopenia). Thrombocytopenia secondary to haematological diseases.

Leukemias (definition and diagnostic framework). Qualitative and quantitative alterations of leukocytes. Acute myeloid leukemia (with particular focus on acute promyelocytic leukemia).

Acute lymphoblastic leukemia.

Chronic myeloproliferative diseases. Chronic myeloid leukemia. Myeloproliferative diseases chronic Philadelphia negative (polycythemia vera, essential thrombocythemia, primary myelofibrosis).

Indolent and aggressive lymphomas (general overview). Lymphoproliferative disorders. Demonstrations clinics, diagnosis, staging, classification (Hodgkin's lymphoma and non-Hodgkin's lymphomas). Main differences between indolent lymphomas and aggressive lymphomas.

Multiple myeloma (with particular attention to the diagnostic process). Plasma cell dyscrasias. The monoclonal gammopathies. Protein electrophoresis. Clinical manifestations and diagnosis.

### **PHYSIOLOGY OF COAGULATION**

The hemostatic process. The coagulation scale. The role of the endothelium, platelets and plasma proteins.

Primary and secondary hemostasis. Vascular damage, the role of the vessel wall, adhesion and platelet aggregation, the activation of the plasma coagulation protein cascade. There intrinsic pathway, extrinsic pathway and common pathway. The factor-cofactor model.

Fibrinolysis Control mechanisms. Natural coagulation inhibitors. The process of dissolution of the thrombus by lysis of fibrin.

### **DISEASES OF THE HEMOCOAGULATIVE SYSTEM**

Venous thrombosis. Definition. Risk factors. Clinical manifestations. Thromboembolism venous (deep vein thrombosis, pulmonary embolism, post-thrombotic syndrome). The triad of Virchow. Diagnosis. Prevention. Notes on anticoagulant drugs.

Arterial thrombosis Ischemia and arterial thrombosis. The main locations. Myocardial infarction e ACS. The role of antiplatelet drugs.

Thrombotic microangiopathies (diagnostic framework). Thrombotic purpura thrombocytopenic, hemolytic uremic syndrome. Disseminated intravascular coagulation (causes and clinical).

Hemorrhagic diseases. The first level laboratory tests, their significance for the screening of hemorrhagic diseases. Hemophilia syndromes (hemophilia A and B). Von Willebrand's disease.

## **Prerequisites**

## **Teaching form**

8 frontal lessons of 2 hours in attendance.

### **Textbook and teaching resource**

Course notes and review.

### **Semester**

First

### **Assessment method**

Written Test (Thirty multiple-choice questions) to evaluate a global knowledge of the program.

### **Office hours**

By appointment

### **Sustainable Development Goals**

GOOD HEALTH AND WELL-BEING | QUALITY EDUCATION

---