

# UNIVERSITÀ DEGLI STUDI DI MILANO-BICOCCA

# **SYLLABUS DEL CORSO**

## **Tirocinio 3**

2425-3-I0301D016

### **Aims**

The student should learn:

- · Assist the collegues or the dental personnel
- · describe the dental chair and prepare it,
- · sterilize the instruments and give the instruments required for the hygienical performance
- · Fill in the clinical folder/charting and PS, under the supervision of an upper-level collegue or tutors
- · Recognise the instruments for the hygienical performance
- · Approaching to the patient
- · Maneuvers of prevention and maintenance of orala hygiene

Programming a plan of treatment

#### **Contents**

The student should learn:

- · The contents of a medical record and how to fit it
- · Assist the collegue during the maneuvers of hygiene

- · Ergonomics pratical and theoris
- Manual instrumentation for mechanical therapy (not surgical)
- · To check the oral cavity of the patient (dental elements, mucosa)
- · To perform a periodontal examination
- · To draw up a plan of treatment
- · To communicate with the patient, educate and motivate him on a proper home oral hygiene
- · Execution protocol of debridement
- · Execution protocol of root planing
- · Execution protocol of dental sealing
- · Execution protocol of application of fluoridated gel
- · Protocol of treatment of periodontal diseases
- · Guidelines of oral hygiene in surgical, orthodontic, pediatric, geriatric and special-needs patient

To alongside colleagues in the first year and to educate them on the approach to the patient and on the filling in of medical record

### **Detailed program**

At the end of the third year of the course the student must be able to:

#### FIRST SEMESTER

- demonstrate progressive autonomy in managing the oral hygiene therapeutic plan;
- demonstrate progressive autonomy in instrumentation;
- recognize risk factors in patients undergoing oral hygiene therapy;
- know the care plans relating to the various systemic pathologies with impairment of the oral cavity;
- apply suitable pre- and post-surgical therapies (implantology, maxillofacial, oral surgery)
- demonstrate progressive autonomy in the realization of professional skills regarding the prevention of oral cancer:
- demonstrate progressive autonomy in carrying out oral hygiene counselling;
- know how to evaluate the effectiveness of the care provided:
- identify the contextual situations that may constitute the object of interest for research in the dental hygienist profession.

#### SECOND SEMESTER

- acquire full autonomy for the profession of dental hygienist;
- know how to program oral hygiene reminder intervals based on the patient's needs;
- know the legal and administrative requirements regarding the profession as an employee or freelancer;
- know how to prepare a correct and complete CV.

# **Prerequisites**

## **Teaching form**

The practical lessons are followed by tutors or dental personnel. Cases of patients are discussed during the briefing

# Textbook and teaching resource

Manuale Operativo studenti di igiene dentale, seconda edizione; Ariesdue

Wilkins Esther, Clinical Practice of Dental Hygienist PICCIN

### Semester

Single year (october- september)

### **Assessment method**

Written, oral and practical

### Office hours

Tuesday and Friday from 8.30 A.M. to 12.00 A.M. sending email to fix the appointment

### **Sustainable Development Goals**

GOOD HEALTH AND WELL-BEING