UNIVERSITÀ
DEGLI STUDI DI MILANO-BICOCCA

COURSE SYLLABUS

Oral Care Protocols for Patients With Special Needs

2425-2-I0301D031-I0301D038M

Aims

The aim of the module:
a) is to provide notions of nutrition and their relationship with oral health
b) illustrate the main supplements and their relationship with oral health

Contents

Know the nutritional functions of carbohydrates, proteins, lipids, vitamins and mineral salts, the foods in which they are contained and their relationship with oral health.

Detailed program

In particular, the aims of the module are:
a) to acquire fundamental knowledge of the nutritional functions of carbohydrates, proteins, lipids, vitamins, and minerals and their relationship with oral health and;
b) to provide the basic notions on the characteristics of particular foods (fermented drinks, coffee), the main nutraceuticals, and functional and enriched foods;
c) to illustrate the practical implications between diet and oral health.

Prerequisites

The student having passed the biochemistry exam

Teaching form

DE - 4 lessons of 2 hours carried out in presence mode

Textbook and teaching resource

Chirigozzi E , Colombo D., Magni F., Marin O., Palestini P., Tugnoli V. - Elementi di Chimica e Biochimica- Ed Edises
Carla Pignatti -Biochimica della nutrizione- Ed Esculapio
Panzeri MC , Baldoni M., e coautori -Manuale operativo per igienisti dentali -Ed Ariesdue

Semester

I semester, 2 year

Assessment method

The written test of the module will consist of 15 multiple-choice questions (CLOSED ANSWER TEST) to check preparation for the exam program.

Office hours

On appointment

Sustainable Development Goals

GOOD HEALTH AND WELL-BEING