



UNIVERSITÀ  
DEGLI STUDI DI MILANO-BICOCCA

## COURSE SYLLABUS

### Stage 1

2425-1-I0301D006

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#### Aims

The student should learn to: •Assist the colleagues or the dental personnel •describe the dental chair and prepare it •sterilize the instruments and give the instruments required for the hygienical performance •Fill in the clinical folder/charting and periodontal probing , under the supervision of a upper-level colleague or tutors •Recognise the instruments for the practice of oral hygiene

#### Contents

The student should learn to: •The basics of hygiene in the preparation of the instruments and that of the dental chair for the dental practice •The contents of a medical record and how to fit it •The maneuvers of sterilization of the instruments and disinfection of the dental chair •Through the assistance of a upper-level colleague, the approach to the patient •Assist to the colleague during the maneuvers of hygiene

#### Detailed program

At the end of the first year of the course the student must be able to:

1. know the characteristics and organizational context of each location, distinguishing the role of the different figures who operate there;
2. carry out activities relating to oral hygiene preparatory to those of the dental hygienist in relation to the contents learned and the exercises carried out (see list below of the ORAL HYGIENE TECHNIQUES OF THE PREPARATORY INTERNSHIP ACTIVITIES);
3. describe and explain the use of specific instruments and healthcare materials present in a dental clinic;
4. assist the patient during and after the dental exam using the necessary material and instruments;

5. assist the patient during the reception phase in the hospital facility in the reference operating unit;
6. perform the extra- and intra-oral examination (inspection-palpation-auscultation) using the appropriate material and instruments;
7. take intraoral photographs.

#### ORAL HYGIENE TECHNIQUES IN PREPARATORY ACTIVITIES FOR THE INTERNSHIP

- observation of the activity in the clinics as a whole;
- hand washing: social, antiseptic, preoperative;
- preparation and packaging of the dental unit and organization of the instruments based on the performance
- disinfection of the operating unit and sterilization of instruments;
- reception, preparation and discharge of the patient;
- restoration of consumables;
- basic postures;
- know the professional skills of the dental hygienist relating to patient care and assistance;
- know the principles of primary prevention of oral diseases;
- know the oral hygiene motivation methods;
- know the home oral hygiene materials;

#### **Prerequisites**

#### **Teaching form**

Practical lessons are supervised by tutors and dental personnel. Cases of patients provided during the clinical training are discussed during the briefing.

#### **Textbook and teaching resource**

Manuale Operativo studenti di igiene dentale, seconda edizione; Ariesdue

Wilkins Esther, Clinical Practice of Dental Hygienist PICCIN

#### **Semester**

Single year (october- september)

#### **Assessment method**

Written, oral and practical

## **Office hours**

Tuesday and friday from 8.30 A.M. to 12.00 A.M. (Send mail to fix appointment)

## **Sustainable Development Goals**

GOOD HEALTH AND WELL-BEING

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