



UNIVERSITÀ  
DEGLI STUDI DI MILANO-BICOCCA

## SYLLABUS DEL CORSO

### Psichiatria

2425-3-I0101D014-I0101D043M

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#### Aims

Learning basics related to mental health and their application to clinical context. A special attention will be paid to gender differences

#### Contents

Learning basics related to mental health and their application to clinical context.

#### Detailed program

PSYCHIATRY - Obtainment of general knowledge, basic specialized concepts and theoretical models of reference which qualify diagnostic orientation, clinical approach and therapeutic routine in psychiatry. Acquisition of fundamental elements of psychopathology and clinical psychiatric in its diagnostic, therapeutic, rehabilitative and preventive aspects regarding the most different mental disorders. CLINICAL PSYCHOLOGY - Knowing how to describe the concept of "difficult patient" in terms of the narrative of the patient; knowing how to recognize and describe the features of different attachment styles and the implications for the relationship with the patient; knowing how to recognize and describe interpersonal motivational systems (activation, deactivation, objectives and related emotions); knowing how to describe the different phases of the Calgary Cambridge model, identifying the objectives and the main communication and relational skills required. PSYCHIATRIC AND MENTAL HEALTH NURSING - The student must learn the basics of relational dynamics in nursing care related to the psychiatric patient and his/her life environment, aiming to plan assistance and being responsible for it.

## Prerequisites

Be regular with the curricular exams.

## Teaching form

Lectures delivered in face-to-face mode with practice on clinical cases and with the use of audiovisual tools such as photos and films on experiences of illness and places of care

## Textbook and teaching resource

PSYCHIATRY: a) DSM 5. Raffaello Cortina, Milano, 2014; b) DSM-IV-TR MG. Manuale diagnostico e statistico dei disturbi mentali per la Medicina generale. Masson, Milano, 2002; c) American Psychiatric Association. Linee guida per il trattamento dei disturbi psichiatrici. Quick Reference. Raffaello Cortina, Milano, 2015; d) American Psychiatric Association. Casi Clinici. Masson, Milano, 2015. CLINICAL PSYCHOLOGY: Liotti G., Fassone G., Monticelli F. (2017). L'evoluzione delle emozioni e dei sistemi motivazionali. Raffaello Cortina Editore. Capitoli 1,2,3; Wilhelm K., Tietze T. (2016). Difficult doctor-patient interactions. Applying principles of attachment-based care. Medicine Today, 17(1-2), 36-44; Silverman J., Kurtz S., Draper J. (2015). Competenze per comunicare con i pazienti. Piccin. PSYCHIATRIC AND MENTAL HEALTH NURSING: a) Drigo M.L., Borzaga L., Mercurio A., Satta E. (1997) Clinica e Nursing in Psichiatria. Milano: CEA; b) Barelli P., Spagnolli E. (2004) Nursing di salute mentale. Firenze\*: Carocci Faber; c) Raucci V., Spaccapeli G. (2013) Fondamenti di infermieristica in salute mentale. Santarcangelo di Romagna: Maggioli. IN-DEPTH BIBLIOGRAPHY: a) Basaglia F. (1997) Che cos'è la Psichiatria, Baldini & Castoldi; b) Basaglia F. (1998) L'istituzione negata. Rapporto da un ospedale psichiatrico, Baldini & Castoldi; c) Jervis G.(1997) Manuale critico di psichiatria, Feltrinelli; d) Sanza M.(1999) Il comportamento aggressivo e violento in psichiatria. Valutazione e intervento, Centro Scientifico Editore; e) Saraceno B. (1995) La fine dell'intrattenimento. Manuale di riabilitazione psichiatrica, ETAS-RCS.

## Semester

3 Year - 1 Semester

## Assessment method

Written examination to check preparation on the examination syllabus:

10 multiple choice questions of Nursing in Psychiatry, 1 clinical case of Nursing in Psychiatry to be solved, 2 open questions concerning the module of Psychiatry, 2 open questions concerning the module of Psychology. The final assessment is given by the weighted average of the individual modules

## Office hours

PROFESSOR OFFICE HOURS - Prof. M. Clerici, Villa Serena/U38 c/o SPDC - by appointment only: .

## **Sustainable Development Goals**

GOOD HEALTH AND WELL-BEING | QUALITY EDUCATION | GENDER EQUALITY

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