



UNIVERSITÀ
DEGLI STUDI DI MILANO-BICOCCA

SYLLABUS DEL CORSO

Psicologia Clinica

2425-3-I0101D014-I0101D044M

Aims

Knowing how to describe the concept of "difficult patient" in terms of the narrative of the patient; knowing how to recognize and describe the features of different attachment styles and the implications for the relationship with the patient; knowing how to recognize and describe interpersonal motivational systems (activation, deactivation, objectives and related emotions); knowing how to describe the different phases of the Calgary Cambridge model, identifying the objectives and the main communication and relational skills required. Knowing protective and vulnerability factors of stress in nursing.

Contents

The difficult patient and personal narrative

Interpersonal motivational systems

Attachment in the relationship with patients

The Calgary Cambridge model and communication skills

Protective and vulnerability factors of stress in nursing

Detailed program

The difficult patient and personal narrative. Interpersonal motivational systems (attachment, care, predatory, competitive, sexual, play and affiliation, cooperative). Attachment and relationship with patients (secure, avoidant,

ambivalent, disorganized attachment); attachment-based care approach. The Calgary Cambridge model and communication skills (start of consultation, information gathering, explanation and planning, conclusion, providing structure, building the relationship).

Prerequisites

Teaching form

The course is structured into four 2-hour lessons, with a frontal lecture in the first part. The subsequent part aims to involve students interactively through group discussions of professional situations, the compilation of questionnaires to reflect on one's professional approach (using wooclap). All activities are carried out in person in Monza and with webconference modality for the courses located in Bergamo, Lecco and Sondrio.

Textbook and teaching resource

Liotti G., Fassone G., Monticelli F. (2017). L'evoluzione delle emozioni e dei sistemi motivazionali. Raffaello Cortina Editore. Capitoli 1,2,3

Wilhelm K., Tietze T. (2016). Difficult doctor-patient interactions. Applying principles of attachment-based care. *Medicine Today*, 17(1-2), 36-44

Silverman J., Kurtz S., Draper J. (2015). Competenze per comunicare con i pazienti. Piccin

Some suggested supplementary material will be uploaded on the e-learning platform

Semester

First semester

Assessment method

Written examination to check preparation on the examination syllabus:

10 multiple choice questions of Nursing in Psychiatry, 1 clinical case of Nursing in Psychiatry to be solved, 2 open questions concerning the module of Psychiatry, 2 open questions concerning the module of Psychology. The final assessment is given by the weighted average of the individual modules

Office hours

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online or in presence (Building U38, 5° floor, room 5041)

Sustainable Development Goals

GOOD HEALTH AND WELL-BEING | QUALITY EDUCATION | GENDER EQUALITY | REDUCED INEQUALITIES
