

# UNIVERSITÀ DEGLI STUDI DI MILANO-BICOCCA

## **SYLLABUS DEL CORSO**

## Infermieristica di Comunità

2425-2-I0101D025-I0101D031M

### **Aims**

After attending this course, the student will be able to:

- Identify the skills of the community nurse by describing the areas in which he/she operates to ensure continuity of care in primary care
- Describe the purposes of Health and Therapeutic Education, implement and evaluate a health education intervention

### **Contents**

The course aims to prepare the future nurse to:

- 1. Evaluate the health status and needs of the person in the different stages of life (adulthood, childhood, adolescence), of the family context and know those of the community
- 2. Promote and participate in prevention and health promotion initiatives aimed at the community
- 3. Promote informative and educational interventions aimed at individuals, families and groups, aimed at promoting changes in lifestyles
- 4. Supervise and facilitate the paths in the various services using the skills present in the network

### **Detailed program**

Health: general aspects

· Definition, origin and development

- The determinants of health and health promotion
- Alma Ata Declaration 1978
- Ottawa paper 1986
- Health 21 health for all in the 21st century Copenhagen 1999
- Munich Declaration June-2000
- Health 2020 "A model of European policy in support of a transversal action to the government and society in favor of health and well-being"
- National Prevention Plan 2020-2025
- National Chronicity Plan
- · Health pact
- National Recovery and Resilience Plan and Ministerial Decree n.77/2022 "Models and standards for development of territorial assistance in the National Health Service"

The community:

Definition of the context in which the nurse operates Community nursing

- Definition and competencies of the community nurse
- Territorial assistance: areas of intervention of the community nurse
- Community welfare experiences e.g. Consensus Project, Microareas of Trieste

Health education:

Definition and purpose

- -The educational process and therapeutic education
  - The methodology for planning a health education intervention

## **Prerequisites**

Positive evaluation in these previous examinations: Fundamentals of Nursing and Midwifery Sciences; Nursing Clinical Methodology; Biomedical Sciences 1; Human Physiology.

## **Teaching form**

lecture in presence

## Textbook and teaching resource

#### REFERENCE

- Scalorbi S., Longobucco Y., Trentin A. (2022) Infermieristica preventiva, di famiglia e di comunità MCGraw-Hill Education
- Maciocco N. (2019) Cure primarie e servizi territoriali
- Auxilia F., Pontello M. (2012) Igiene e sanità Pubblica Educazione sanitaria. Strategie educative e preventive per il paziente e la comunità. Casa editrice Piccin
- Position Paper FNOPI (2020) Infermiere di famiglia e comunità
- Beghelli Ferraresi Manfredini (2015) Educazione terapeutica, Carocci

#### Bibliografia approfondimento

- Shajani Z., Snell D., Brugnolli A. (2021) Infermieristica di famiglia. Una guida per prendersi cura del sistema famiglia. Il pensiero scientifico
- Comodo N., Maciocco G. (2011) Igiene e sanità pubblica. Manuale per le professioni sanitarie. Milano: Casa editrice Carocci Faber
- Mislej M., Paletti F.(2008) L'infermiere di famiglia e di comunità e il diritto di vivere a casa anche quando sembra impossibile ..... Santarcangelo di Romagna (RN) : Casa Editrice Maggiolini
- Decreto Ministeriale n.77/2022 "Modelli e standard per lo sviluppo dell'assistenza territoriale nel Servizio sanitario nazionale"
- Legge Regionale n.22/2021

#### Semester

second semester

#### Assessment method

Written examination composed of multiple choice questions and open questions.

In the exam of Clinical Nursing Methodology 2 it is necessary to achieve the sufficiency in all 4 disciplines that compose it: Clinical Pharmacology, General Surgery, Nursing in Surgery, Community Nursing

#### Office hours

On appointment to be agreed by email

#### **Sustainable Development Goals**

GOOD HEALTH AND WELL-BEING | QUALITY EDUCATION | GENDER EQUALITY