



UNIVERSITÀ  
DEGLI STUDI DI MILANO-BICOCCA

## SYLLABUS DEL CORSO

### Percorso Integrato di Cura per la Persona con Stomia Derivativa

2425-2-I0101D920

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#### Aims

Knowing the steps of the interdisciplinary therapeutic education project for the assisted person and his/her family members ensuring continuity of care  
Care of the stoma and peristomal area  
Recognising and managing early and late complications

#### Contents

Describe the nurse's skills in caring for ostomy patients (colostomies and ileostomies)

#### Detailed program

Classification and causes of ostomy packing  
The areas of competence of the ostomaterapist nurse  
Characteristics and management of an ostomy:  
care of the stoma and peristomal area  
choice of suitable devices  
prevention of early and late complications  
Ostomised patient:  
education before and after surgery  
discharge and outpatient/domiciliary management  
Experiences and perceptions of ostomy patients

## **Prerequisites**

Enrollment in the 2nd and 3rd year of the Degree Course in Nursing

## **Teaching form**

Teaching in presence - lectures; Discussion in plenary; Practical demonstration

## **Textbook and teaching resource**

Saracco C. (2021) Arte e scienza dell'assistenza infermieristica in stomaterapia. Curare, prendersi cura, educare. AIOSS

AA. VV. (2019) Best Practice Guideline - Supporting Adults Who Anticipate or Live with an Ostomy – Second Edition. Toronto: Registered Nurses' Association of Ontario

Cheever J.L e L.H (2017) Brunner-Suddarth. Infermieristica medico-chirurgica. Quinta edizione. Bologna: Casa Editrice Ambrosiana.

Rastelli G., Saracco C. (2016) Atlante stomie e complicanze. Editpress

## **Semester**

Second semester

## **Assessment method**

Frequency

## **Office hours**

By appointment

## **Sustainable Development Goals**

GOOD HEALTH AND WELL-BEING | QUALITY EDUCATION | GENDER EQUALITY

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