UNIVERSITÀ
DEGLI STUDI DI MILANO-BICOCCA

COURSE SYLLABUS

Nursing Assistance To The Family and The Community in The Care Elderly Chronic an

2425-2-I0101D916

Aims

The training course will allow students to deepen their knowledge regarding:
The nurse: professional protagonist of the connection between the healthcare and social needs and the professionalism operating in the field of chronic conditions of both the child/adolescent and the adult in the Hospital-Territory network flow.
Knowledge in the field of territorial care in light of recent legislative and socio-cultural changes.
The interprofessionalism of the involvement and coordination of the Education/Training Professionals in the care plan in order to support and enhance the residual capabilities of the person with chronic illness.

Contents

The Italian NHS is laying the foundations to implement a change aimed at an appropriate and fair management of chronicity, as stated in the National Chronicity Plan and Regional Health Plan (where nurses take on a leading role).
It arises from the need to harmonize, at a national level, chronicity management activities, with the aim of promoting interventions based on a unified approach, centered on the person and oriented towards a better organization of services and full responsibility of all assistance actors. The Plan proposes new organizational models centered on integrated territorial and home care, delegating the management of acute/complex cases that cannot be managed by primary care healthcare workers to hospital care.
The "taking charge" of the citizen should take place on the basis of the Diagnostic-Therapeutic-Assistive Paths outlined for each pathology, always taking into consideration the peculiarities of each individual patient. This approach should have the aim of offering each patient the appropriate care at the right time and in the right place, receiving the assistance of healthcare professionals who, due to their role and skills, can take care of them addressing and solving health problems with a systemic and multidimensional approach.

Detailed program

Regional law 23/2015 takes care of the person with chronic pathology through the various services offered.
Discovering the Elderly: his potential and the one he takes care of:
Clinical case contextualized in RSA
Clinical case contextualized in CDA with interaction with the professionalism of the Educator
Nursing assistance in ADI: the nurse, the patient and the caregiver :
Clinical case contextualized in ADI (Pediatric) with care integration at school
Two direct testimonies from Caregivers for the pediatric and geriatric sectors

Prerequisites

Enrollment in the 2nd and 3rd year of the Nursing Degree Course

Teaching form

Lecture delivered in face-to-face mode with discussion of clinical cases

Textbook and teaching resource

- Badon, P., & Cesaro, S. (2015). Assistenza infermieristica in pediatria (2a ed.). CEA.
- Di Meo, S., Biatta, S., Fogato, G., Lamura, G., Pezzetta, S., Vivori, C., & Zanetti, E. (2018). Cap. 15 - L’educazione terapeutica e il sostegno al caregiver della persona con compromissione dell’autonomia o con necessità assistenziali complesse. In Manuale per operatori “educare alla salute e all’assistenza”. Mondadori.
- Kathol, R. G., Perez, R., & Cohen, J. S. (2014). Manuale di case management. CEA.
- Marcadelli, S., Obbia, P., & Prandi, C. (2018). Assistenza domiciliare e cure primarie. Il nuovo orizzonte della professione infermieristica. Edra.
- Mongardi, M. (2011). L'assistenza all'anziano. Ospedale, domicilio, territorio. McGraw-Hill.

Semester

second semester

Assessment method

Frequency

Office hours

By appointment

Sustainable Development Goals

GOOD HEALTH AND WELL-BEING | QUALITY EDUCATION | REDUCED INEQUALITIES | PEACE, JUSTICE AND STRONG INSTITUTIONS