UNIVERSITÀ
DEGLI STUDI DI MILANO-BICOCCA

COURSE SYLLABUS

Assistance To Persons Suffering From Alzheimer's Disease

2425-2-I0101D103

Aims

The course aims to develop in students of the Nursing degree program knowledge regarding assistance to people with Alzheimer's disease (AD).
Specifically, the course aims to:
• Learn more about the main dementias and specifically Alzheimer's disease
• Develop knowledge of non-pharmacological treatments, Gentle Care methodology and Personal Centred Dementia Care for the care of AD patients
• Promote therapeutic education to the person and caregiver in order to improve the quality of life in people with AD
• Know the different modalities present on the territory for a better management of people with Alzheimer's disease and their caregivers

Contents

The approach to the person with dementia requires knowledge of the disease, the care and long-term care that progressively requires the search for solutions often more articulated in the face of the emergence of increasingly complex needs. The degenerative and progressive character and its persistence over the years involve mental and physical disability and are accompanied by clinical instability.
This evolution of the clinical condition provokes over time an increasingly intense and difficult involvement also of the family unit and in particular of the reference caregiver. The main objective of the treatment then becomes no longer healing but the promotion of the well-being of the person and the containment of the stress of those who care for the sick, referring to a concept of well-being understood as the best functional level for that person with those AD characteristics

Detailed program

The course aims to recognize the right approach to care to maintain the psychophysical and social balance of the person affected by dementia that the nurse takes care of in different settings: home, hospitalization in a long-term hospital, day centre or acute care unit.
Pathology, epidemiological aspects, diagnosis and treatment of DA
Cognitive Deficits and Non-cognitive Disorders Behavioral and Psychological Symptoms in Dementia (BPSD)
Assistive Approaches in Managing Non-cognitive Disorders: Non-pharmacological Treatments
Care models for Alzheimer's patients: "Gentle Care model" and "Person Centred Dementia Care" model
The treatment of Alzheimer's patients in hospitals and in the territory: The communities friends of dementia and presentation of the Monzese territorial reality "The Country Rediscovered"
The approach with caregivers and care issues, deontological aspects
Debates in plenary session.

Prerequisites

Enrolment in the 2nd year of the Degree in Nursing

Teaching form

The lesson is held in a dispensed mode in presence through frontal lesson, narration, and presentation of videos and short films related to the topic of deepening

Textbook and teaching resource

Govoni, S., Del Signore, F., Rosi, A., Cappa, S.F., & Allegri, N. (2020) Dementia: pharmacological and non-pharmacological treatment and management of caregiver stress. SIMG Magazine, 27(5), 50-56

Geriatric Research Group (2014) Non-pharmacological Therapies in Alzheimer's Disease: What Evidence? [online]. Available from: https://www.grgbs.it/usr_files/eventi/journal_club/lucchi_21_2_2014.pdf

Moyra Jones, (2005) "Gentlecare-A Positive Model of Care for Alzheimer's" and Carrocci Faber

Mitchell G, Agnelli J. (2015) Person-centred care for people with dementia: Kitwood reconsidered. Nurs Stand. 14;30(7):46-50.

Tampi, R.R., Jeste, D.V. (2022) Dementia Is More Than Memory Loss: Neuropsychiatric Symptoms of Dementia and Their Nonpharmacological and Pharmacological Management. American Journal of Psychiatry, 179(8), 528-543.
Trabucchi, M., (2022) Help me remember. Dementia doesn't erase life. San Paolo Edizioni.

WEBSITE:
Alzheimer's Association (2023) What is dementia [on line]. Disponibile da: https://www.alz.org/alzheimers-dementia/what-is-dementia

Linee guida dell'A.A.N. (American Academy of Neurology) www.aan.com

Validation method What is the validation method? [on line]. Available from: https://metodovalidation.ch/cose-validation/
Villaggio Amico (2022) What is the snoezelen method and why multisensory stimulation is important [online]. Available from: https://www.villaggioamico.it/che-cose-il-metodosnoezelen-e-perche-e-important-multisensory/

Ministry of Health (2023), Dementia-Epidemiological data [online]. Available from: https://www.salute.gov.it/portale/demenze/detailDemenze.jsp?lingua=italiano&id=2402&area=demenze&menu=empty

Ministry of Health (2023), National Dementia Plan [online]. Available from: https://www.salute.gov.it/portale/demenze/detailedDemenze.jsp?lingua=italiano&id=4231&area=demenze&menu=empty

www.alz.org/en/cervell_italiano.asp
www.formalzheimer.it/images/2011siggdelorenziabstract.pdf

Semester

2-3 academic year of the BSc in Nursing

Assessment method

Certified attendance at the 8-hour course

Office hours

On appointment: sandra.merati@unimib.it

Sustainable Development Goals

GOOD HEALTH AND WELL-BEING | QUALITY EDUCATION | GENDER EQUALITY | REDUCED INEQUALITIES | PEACE, JUSTICE AND STRONG INSTITUTIONS